

# Inguinal Hernia Anatomy - Laparoscopic Revisited

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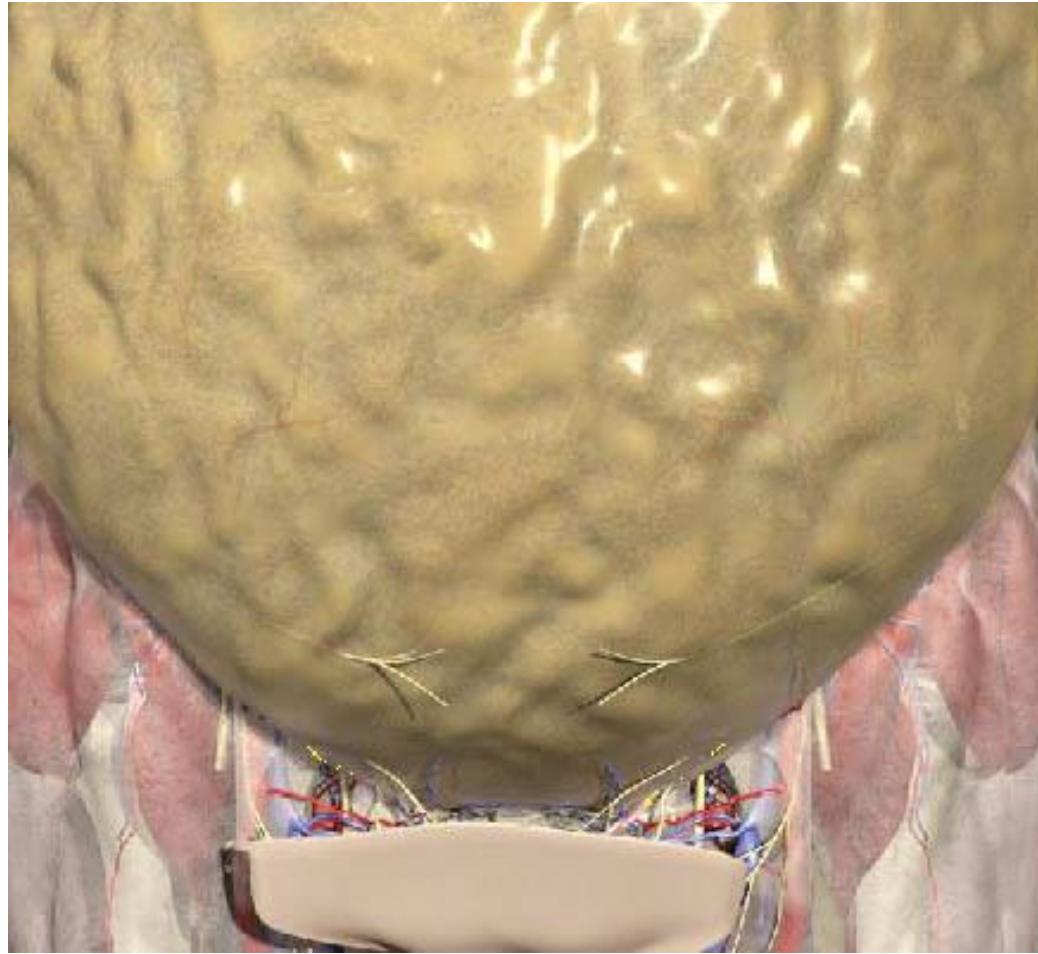
- “No disease of human body, belonging to the province of the general surgeon, requires in its treatment a greater combination of accurate anatomical knowledge with surgical skill, than hernia in its all varieties”

> Sir Astley Cooper

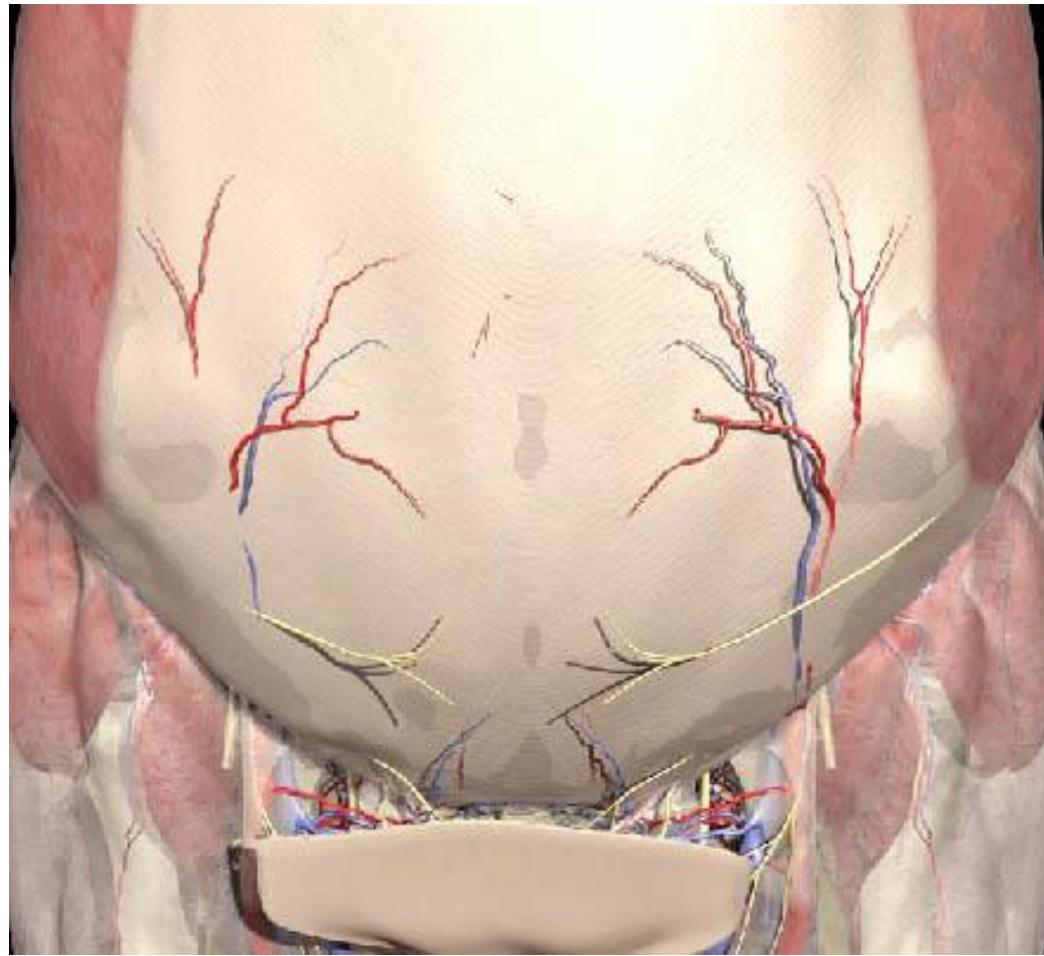
# Anatomic Considerations

- The inguinal region must be understood with regard to its three-dimensional configuration
- A knowledge of the convergence of tissue planes is essential
- If repairing the hernia laparoscopically, the anatomy must be well understood from the peritoneal surface outward
- There is a considerable amount of anatomic variability with regard to:
  - Size and location of the hernia
  - Degree of adipose tissue

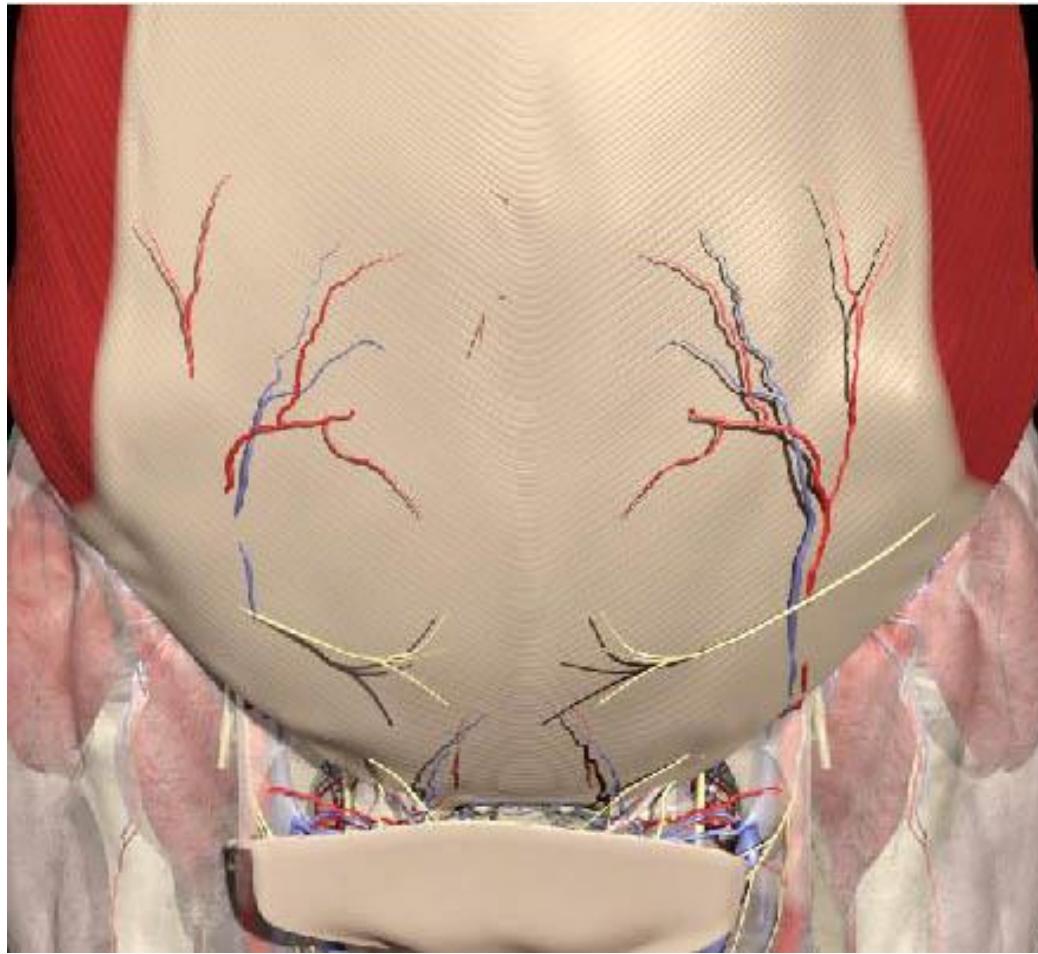
# Subcutaneous tissue



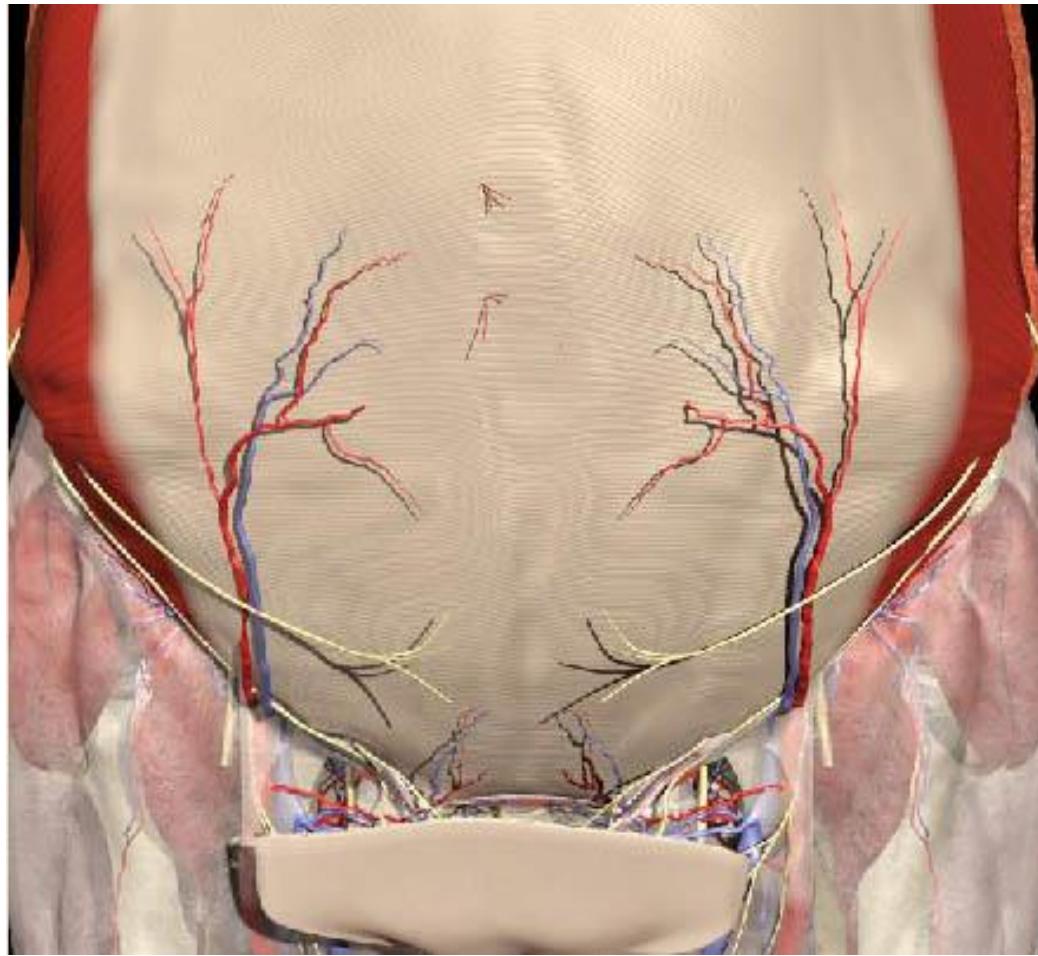
# Fascia Scarpa



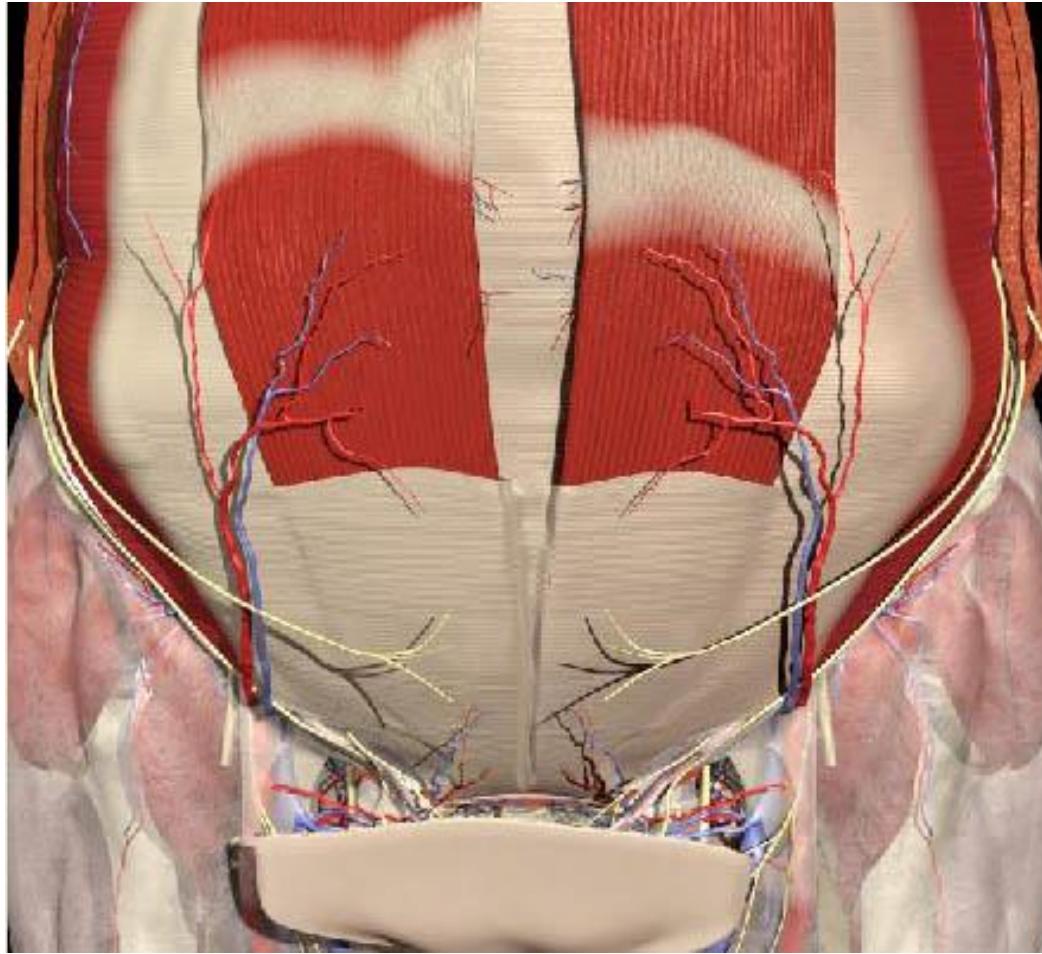
# External Oblique Muscle



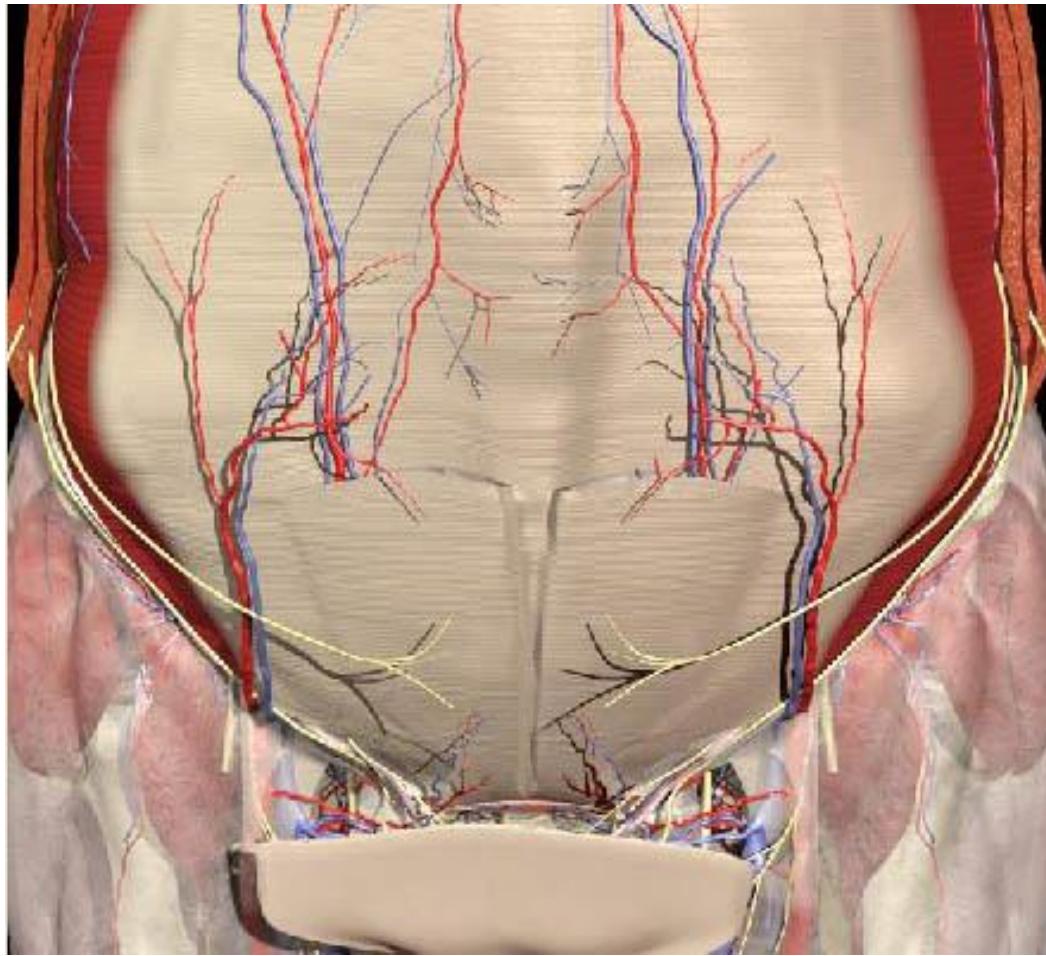
# Internal oblique Muscle



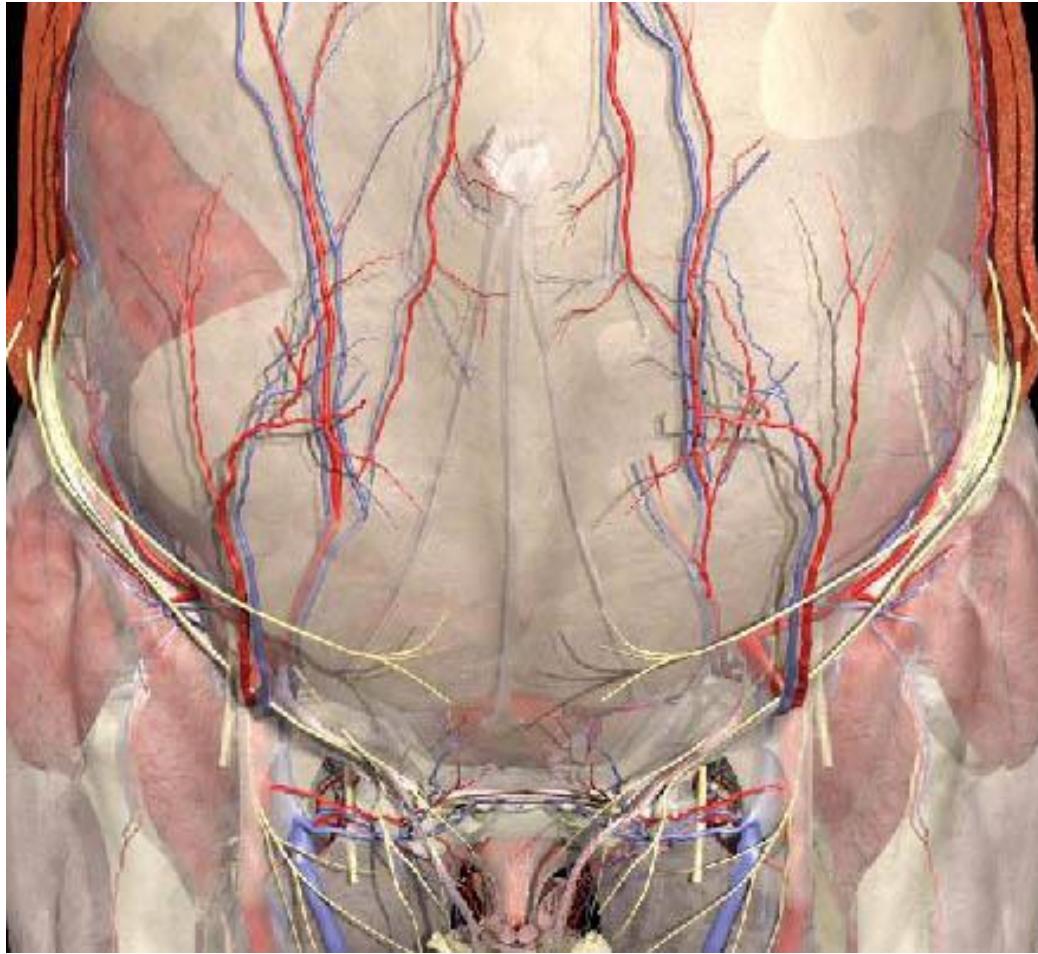
# Rectus muscles



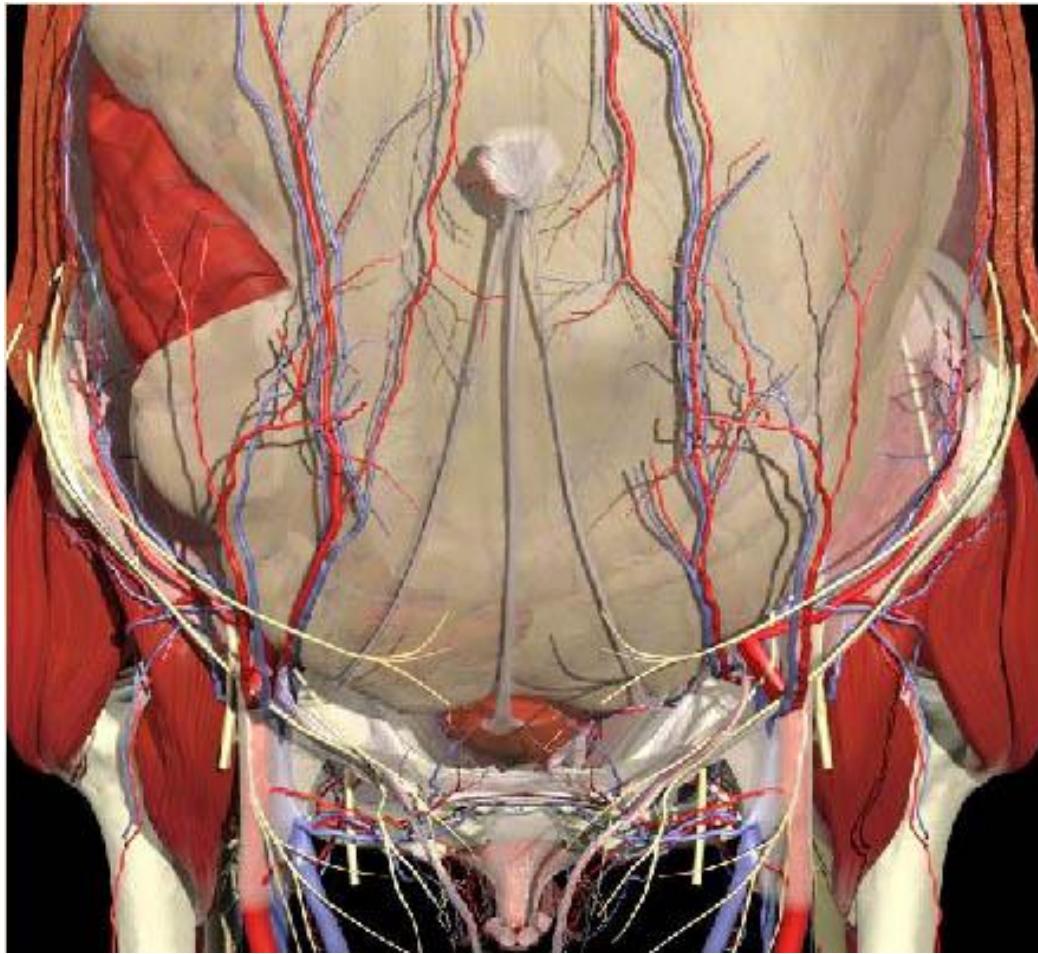
# Transversus abdominis muscle



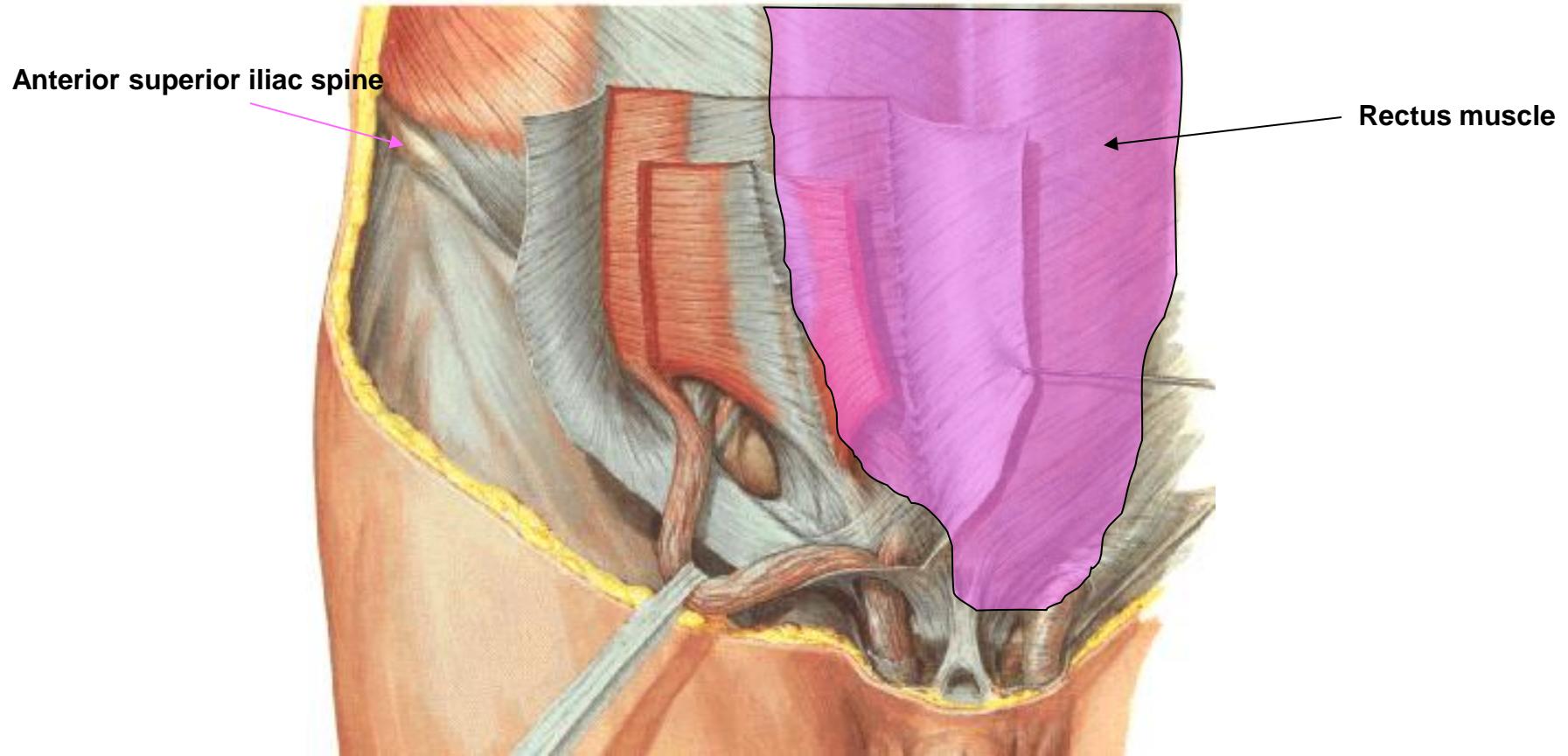
# Fascia Transversalis



# Parietal Peritoneum

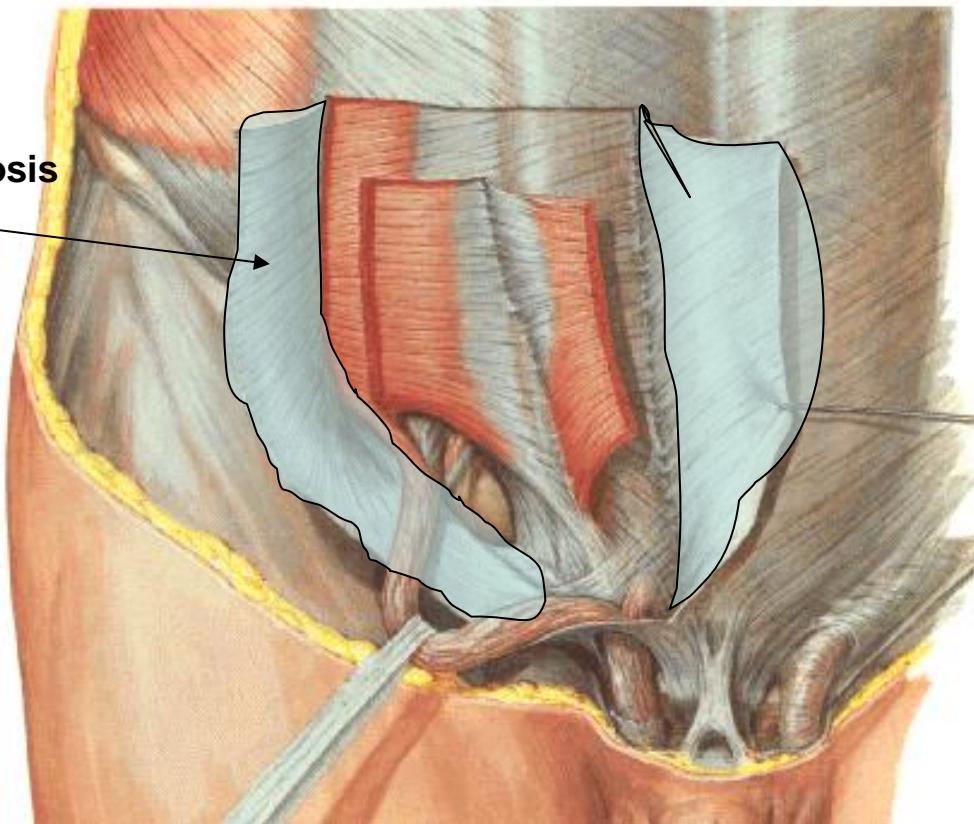


# Abdominal wall Anatomy

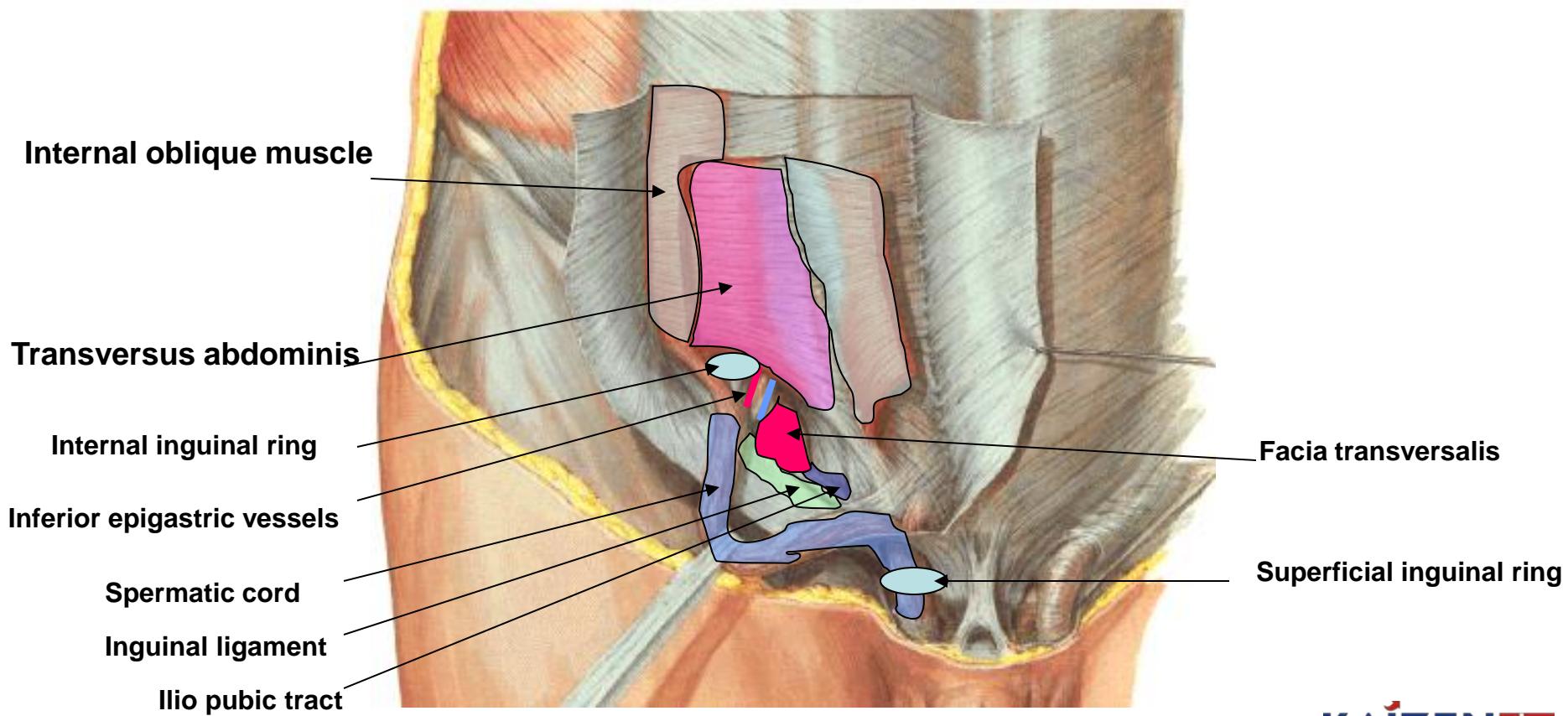


# Abdominal wall Anatomy

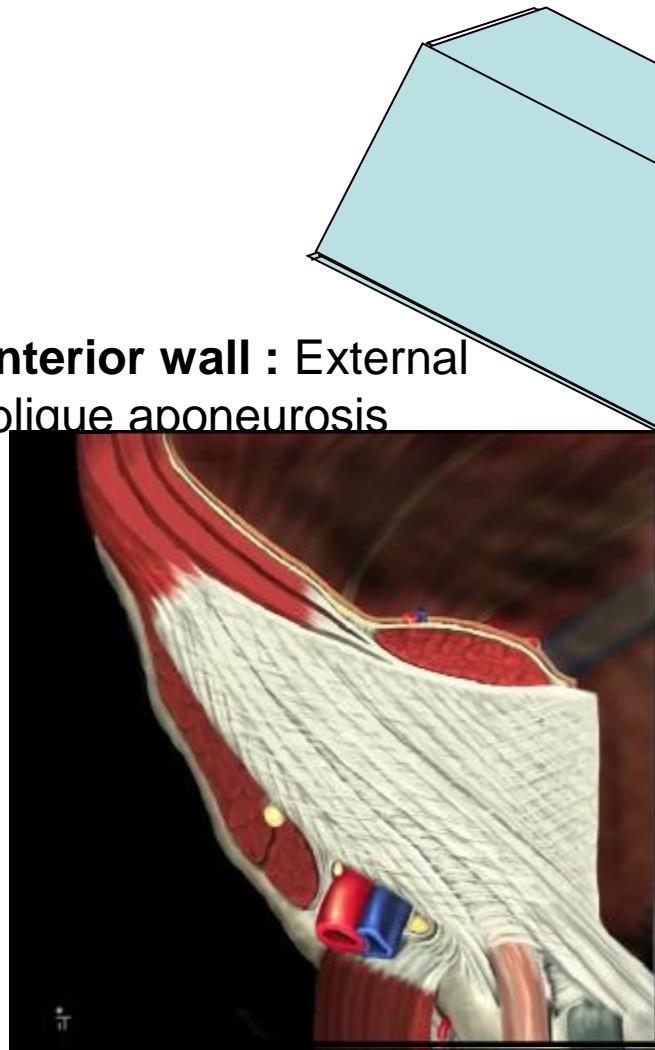
External oblique aponeurosis



# Abdominal wall Anatomy



# Anatomy of Inguinal canal



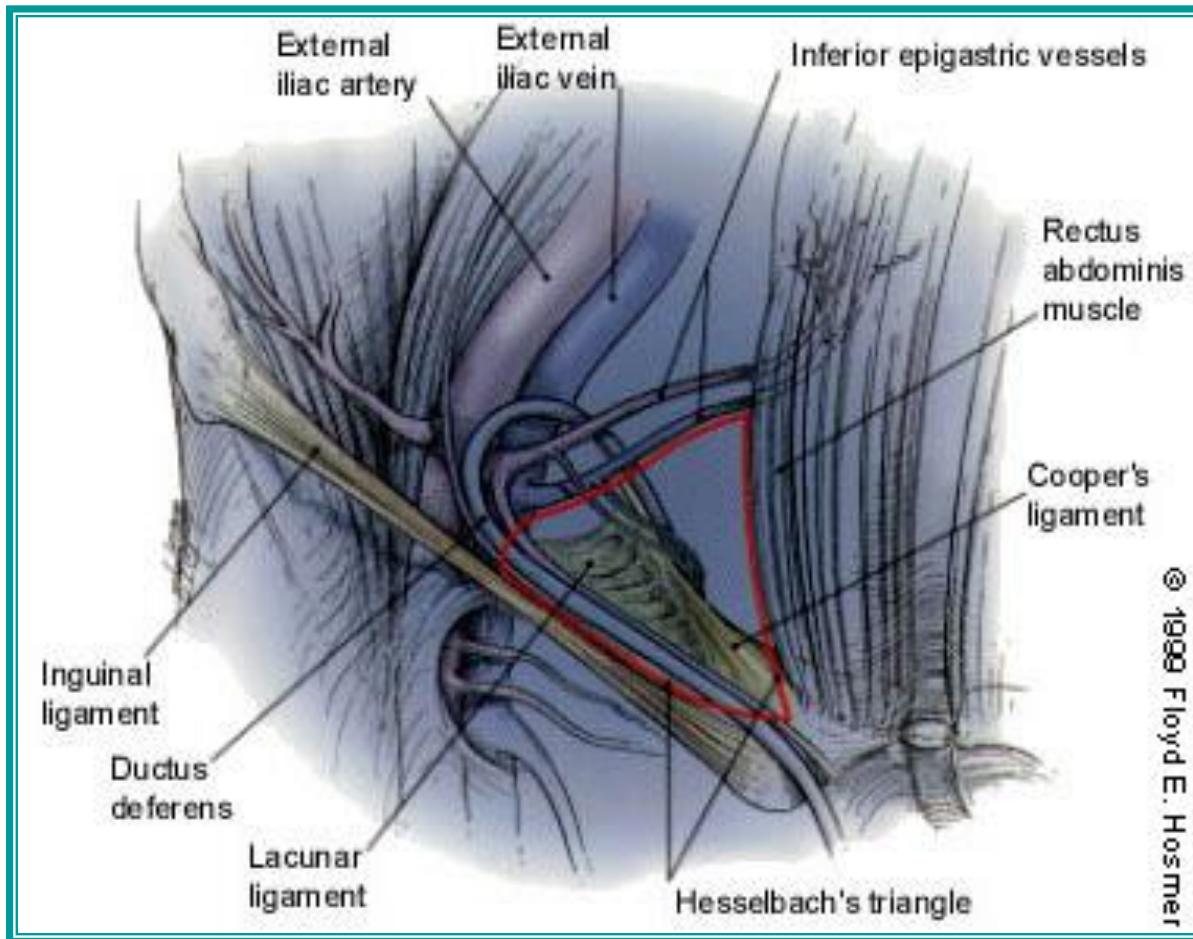
**Anterior wall :** External oblique aponeurosis

**Superior wall.: Internal oblique & Transverse abdominis**

**Posterior wall : FASCIA TRANSVERSALIS**

**Inferior wall:** Inguinal Ligament

# Hesselbach's triangle



*Boundaries:*

Medial:

Rectus abdominis  
muscle medially,

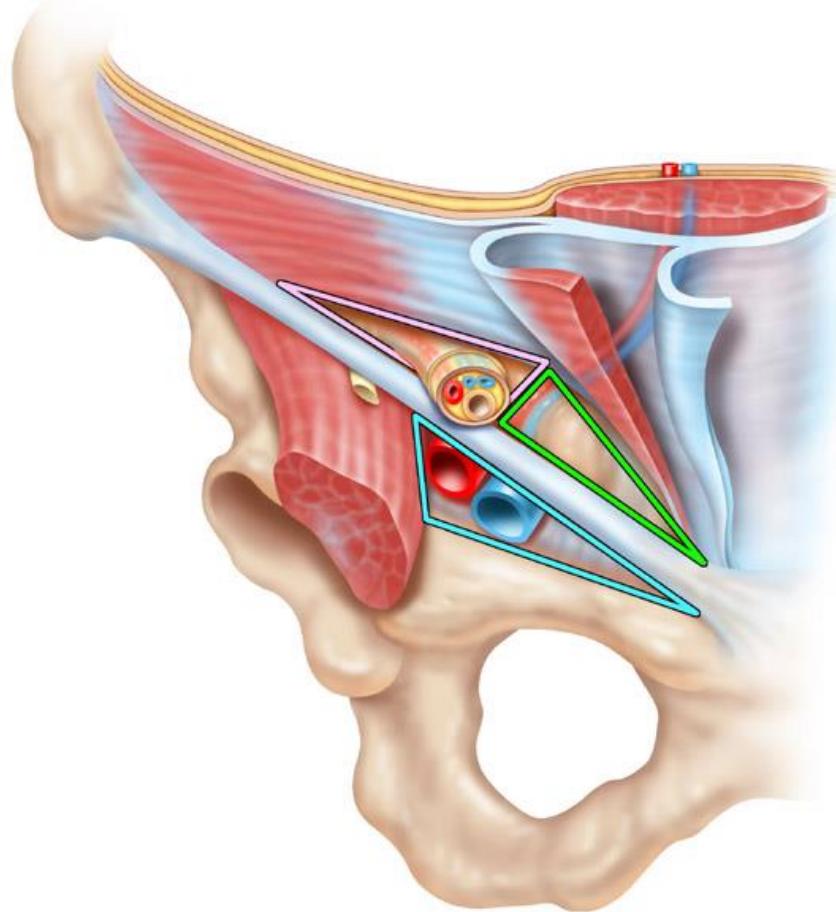
Inferiorly:

Inguinal ligament

Laterally:

Inf. Epigastics

# Myopectineal orifice



## SPERMATIC CORD

### VIA THE DEEP INGUINAL RING

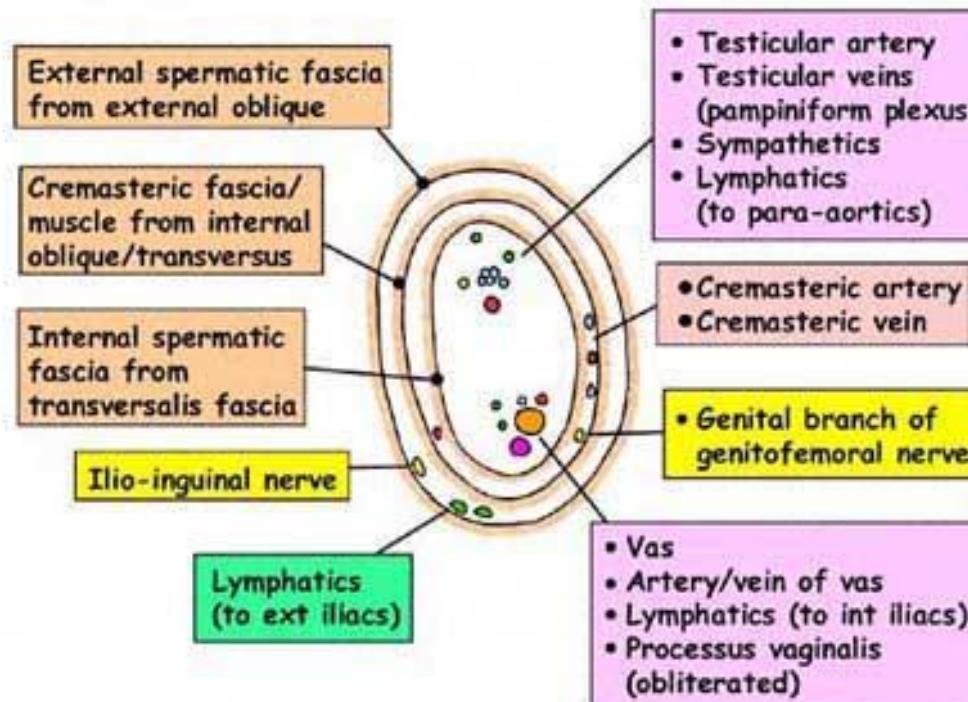
- Vas
- Artery to vas (inferior vesical)
- Testicular artery (aorta)
- Cremasteric artery (inferior epigastric)
- Cremasteric vein (inferior epigastric)
- Testicular vein (IVC/left renal)
- Obliterated processus vaginalis
- Lymphatics
- Sympathetics
- Genital branch of genitofemoral nerve (L2) Supplies motor to cremaster, sensory to fascia, tunica, scrotal skin, round ligament & labia majus

### IN CANAL

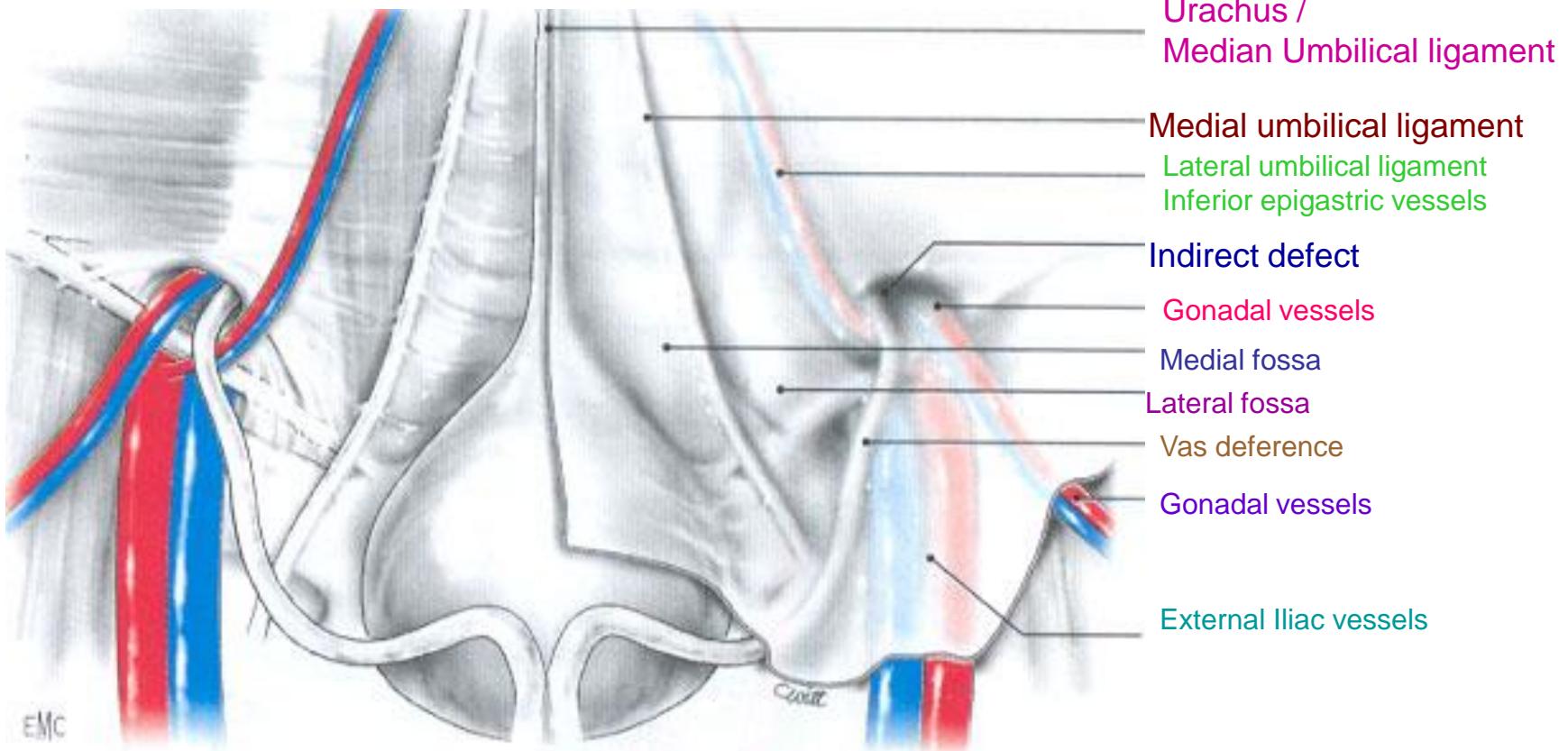
- All these
- Internal spermatic fascia
- Cremasteric fascia
- Cremaster muscle
- Ilio-inguinal nerve

### OUTSIDE SUPERFICIAL RING

- All these
- External spermatic fascia



# Lower anterior abdomen - Peritoneal surface



EMC

# Right Inguinal region

Rectus muscle

Pubic branches

Cooper's ligament

Vas

Inferior epigastric Vs.

Ilio pubic tract

Testicular Vs.

External Iliac Vs.

# Right Inguinal Region

Rectus muscle

Inferior epigastric Vs.

Pubic branches

Cooper's ligament

Ilio pubic tract

Vas

Testicular Vs.

External Iliac Vs.

CCP

# Right Inguinal Region

“Triple Triangles” theory

Rectus muscle

Inferior epigastric Vs.

Medial Triangle

Lateral Triangle

Cooper's ligament

Femoral Triangle

Ilio pubic tract

Vas

Testicular Vs.

External Iliac Vs.

# Right Inguinal Region

“Triple vs five Triangles” theory

Rectus muscle

Inferior epigastric Vs.

Medial Triangle

Lateral Triangle

Cooper's ligament

Ilio public tract

Rectus  
canal

Vas

Triangle  
of doom

External Iliac Vs.

Testicular Vs.  
Triangle  
of pain

# **Endoscopic Anatomy**

- A. Defects**
- B. Neural**
- C. Vascular**
- D. Muscles & Ligaments**
- E. Angles, Triangles &  
Trapezoids**

# Right Inguinal region

Rectus muscle

Pubic branches

Cooper's ligament

Direct  
defect

Inferior epigastric Vs.

Vas

Testicular Vs.

External Iliac Vs.

CCB

# Right Inguinal region

Rectus muscle

Pubic branches

Cooper's ligament

Vas

Inferior epigastric Vs.

Indirect defect

Ilio pubic tract

Testicular Vs.

External Iliac Vs.

CCB

# Right Inguinal region

Rectus muscle

Inferior epigastric Vs.

Pubic branches

Cooper's ligament

Femoral  
defect

Vas

Ilio pubic tract

Testicular Vs.

External Iliac Vs.

CCB

# Endoscopic Anatomy

**Direct  
defect**

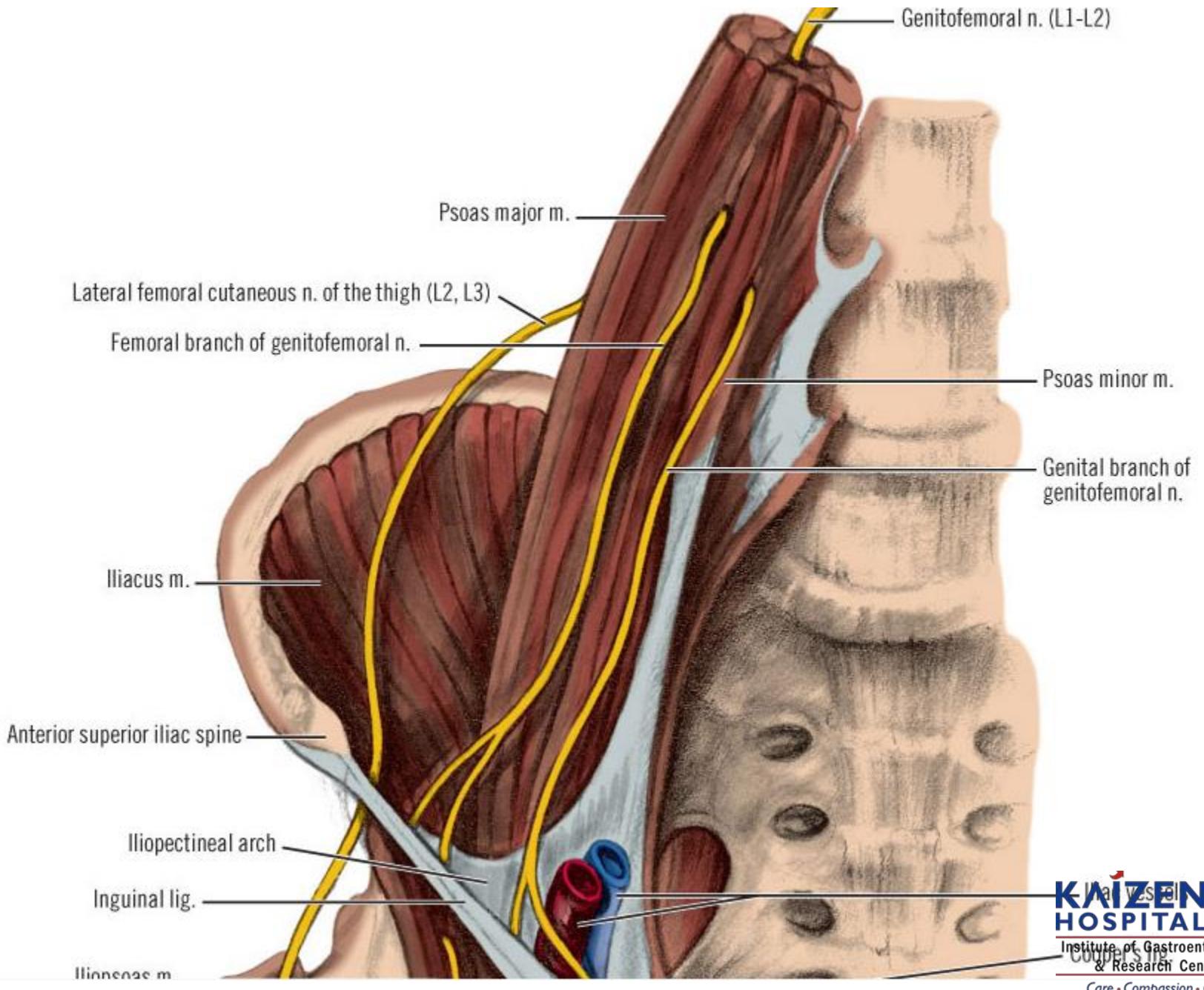
**Indirect  
defect**

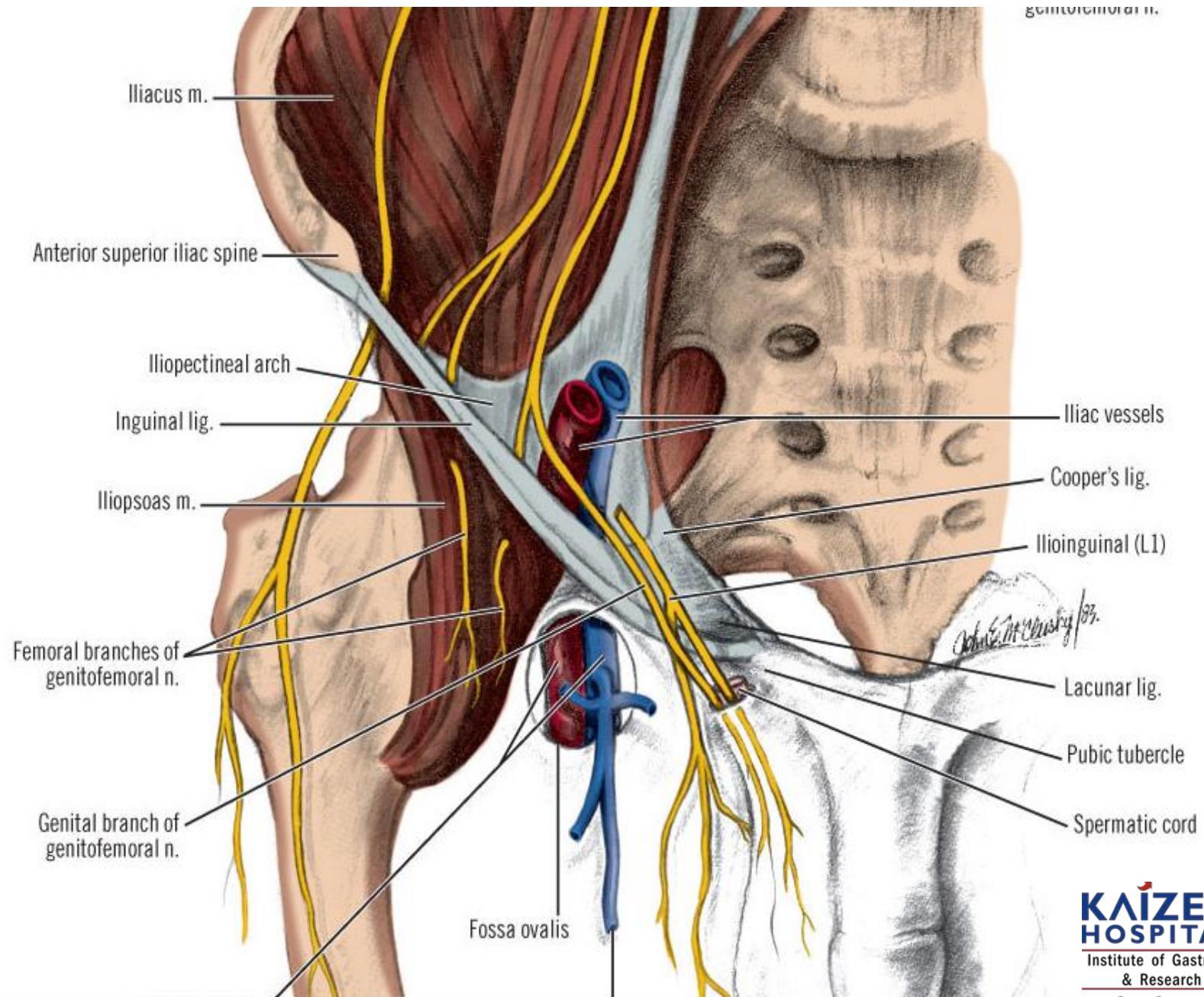
**Femoral  
defect**

# Neural Anatomy



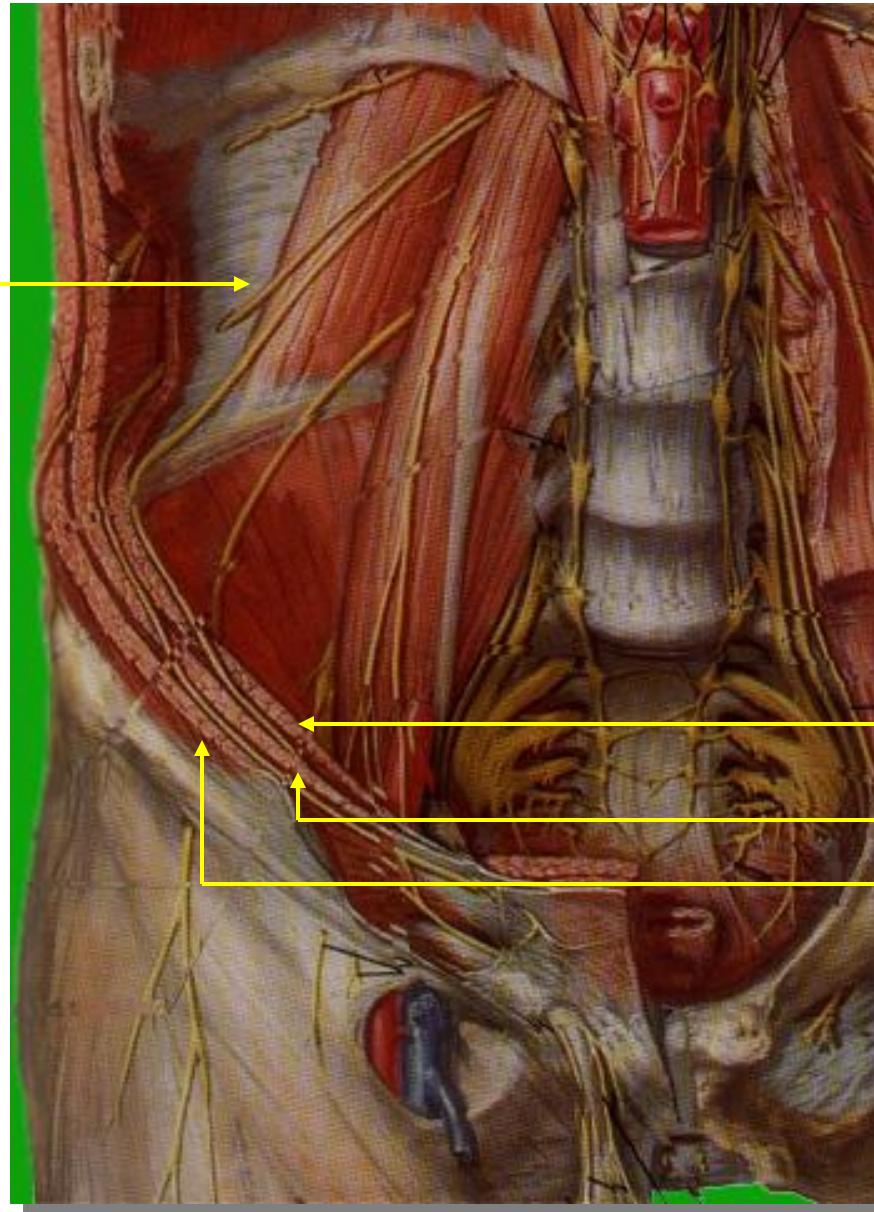
Triangle  
of Pain





# Nerves

Ilio Hypogastric

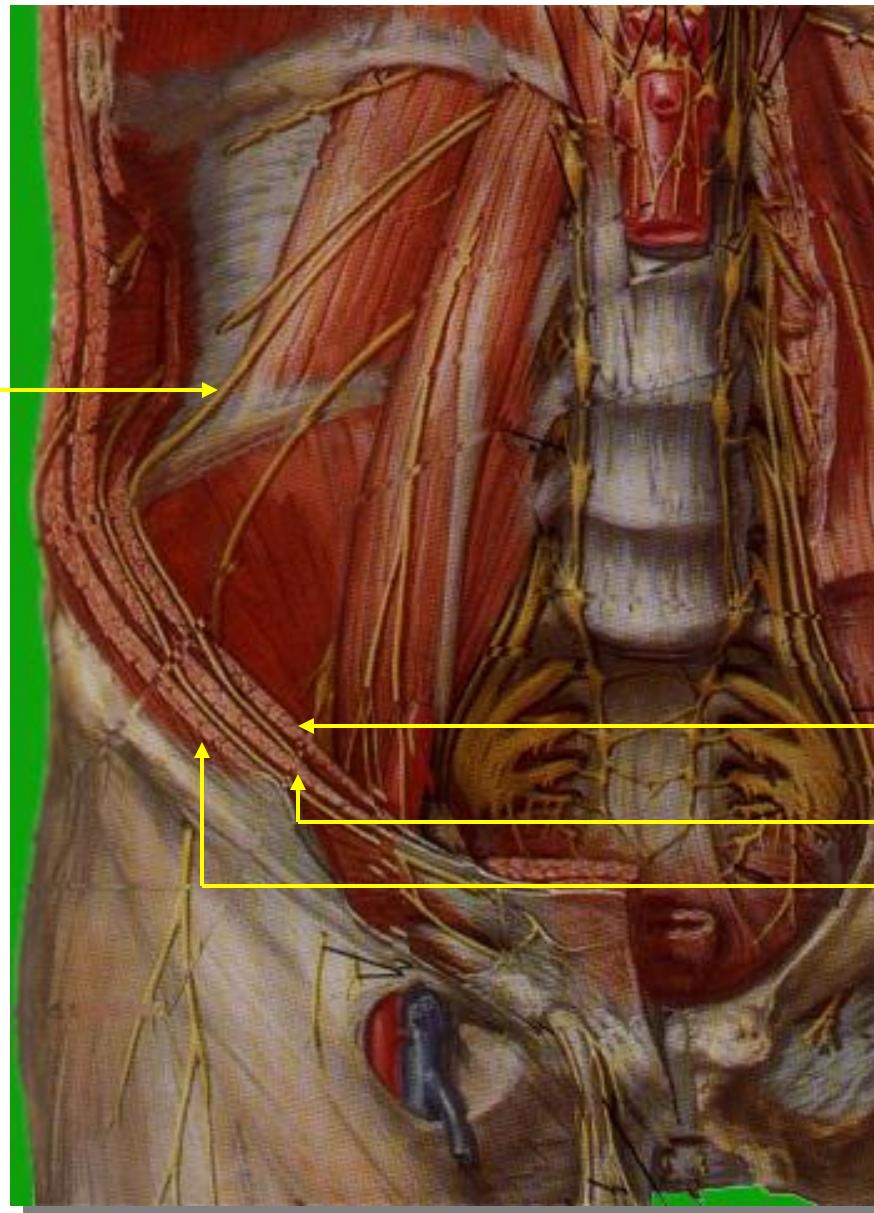


Transversus Abd.

Internal Oblique  
External Oblique

# Nerves

Ilio Inguinal

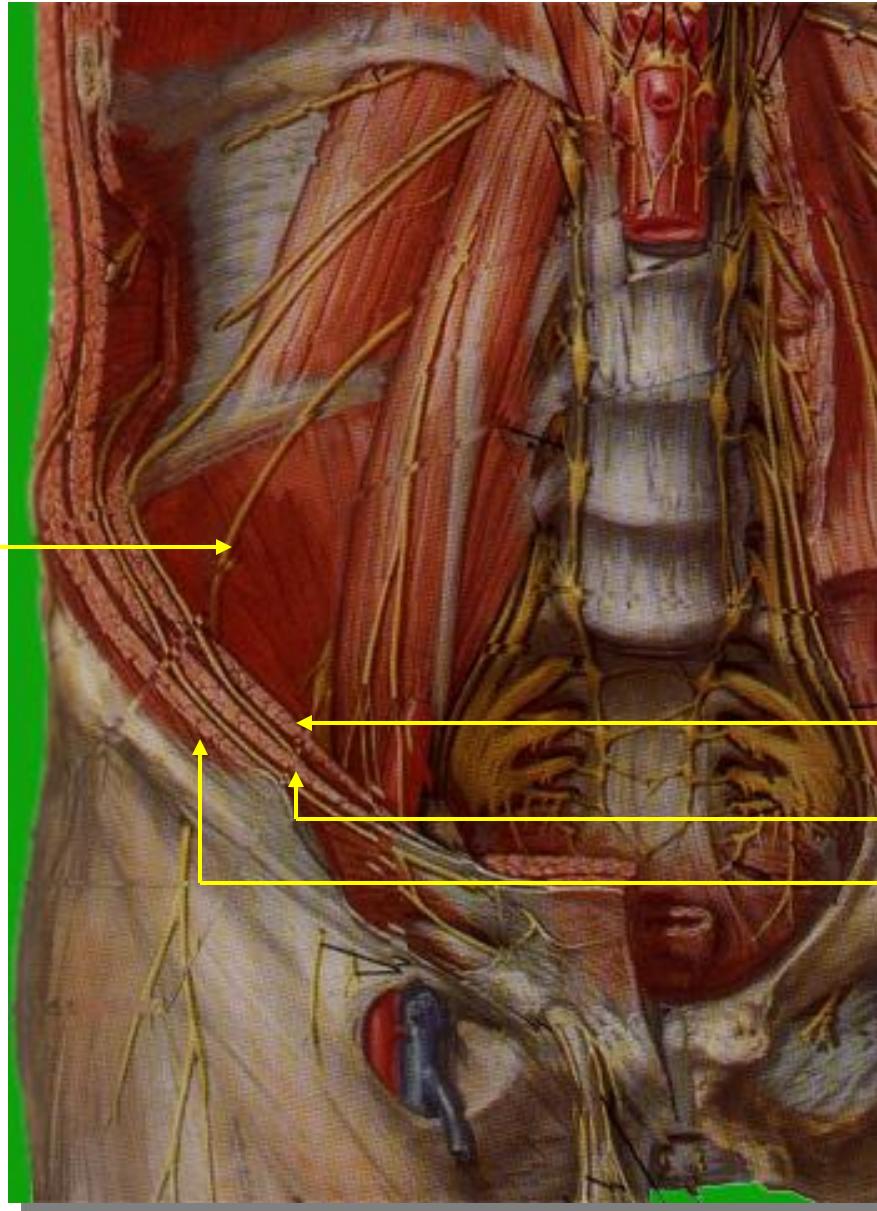


Transversus Abd.

Internal Oblique  
External Oblique

# Nerves

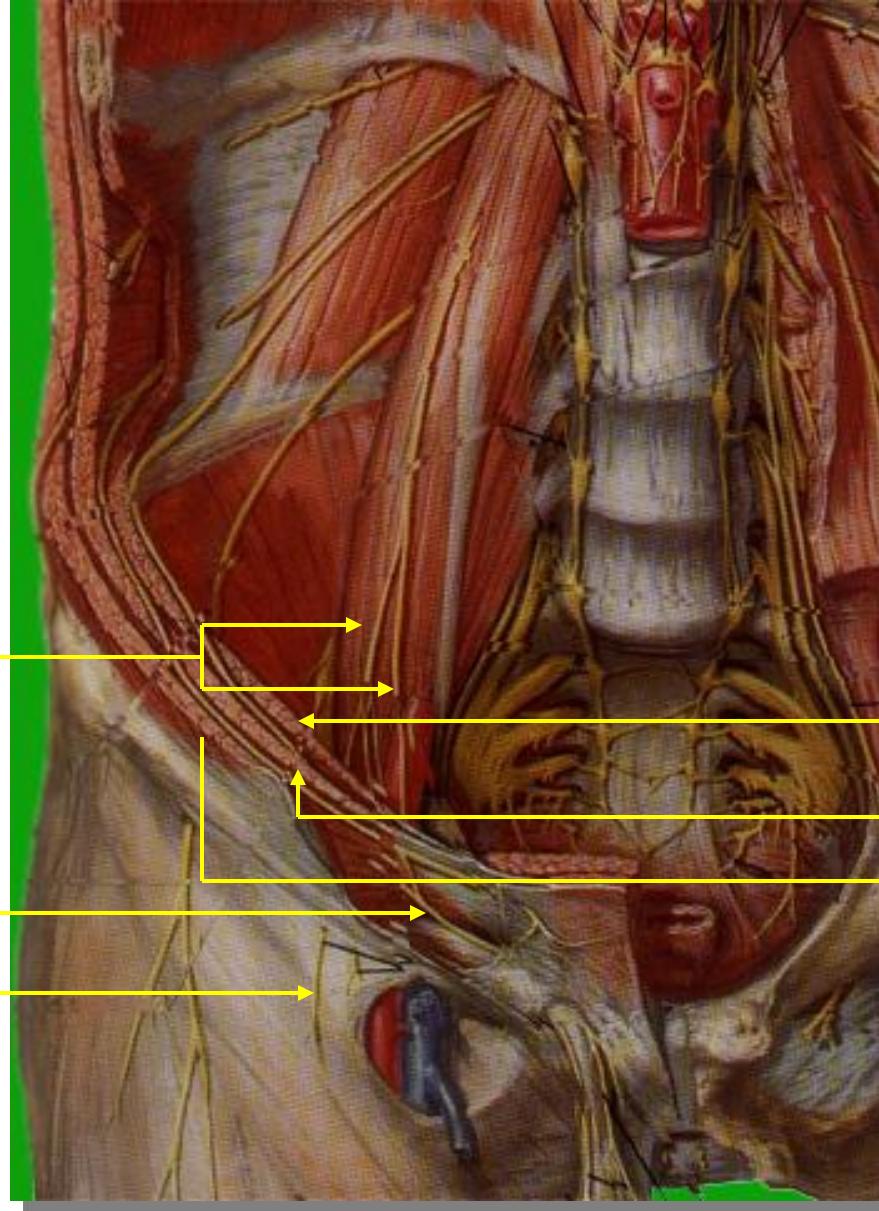
Lateral Cutaneous  
Nerve of Thigh



Transversus Abd.  
Internal Oblique  
External Oblique

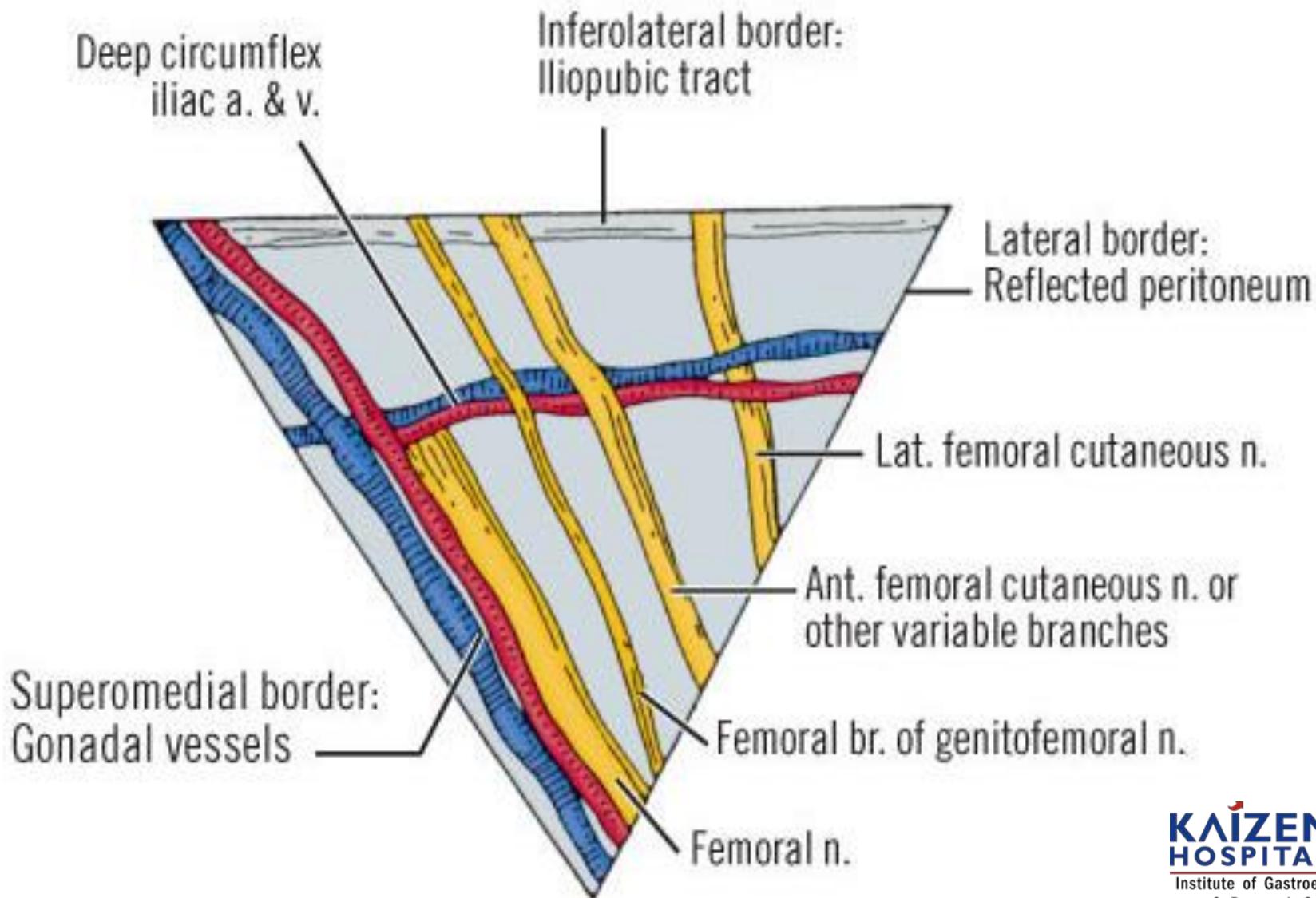
# Nerves

Genito-Femoral  
Nerve  
  
Genital Branch  
  
Femoral Branch



Transversus Abd.  
  
Internal Oblique  
  
External Oblique

# Triangle of Pain



Pubic branches

# Vascular Anatomy

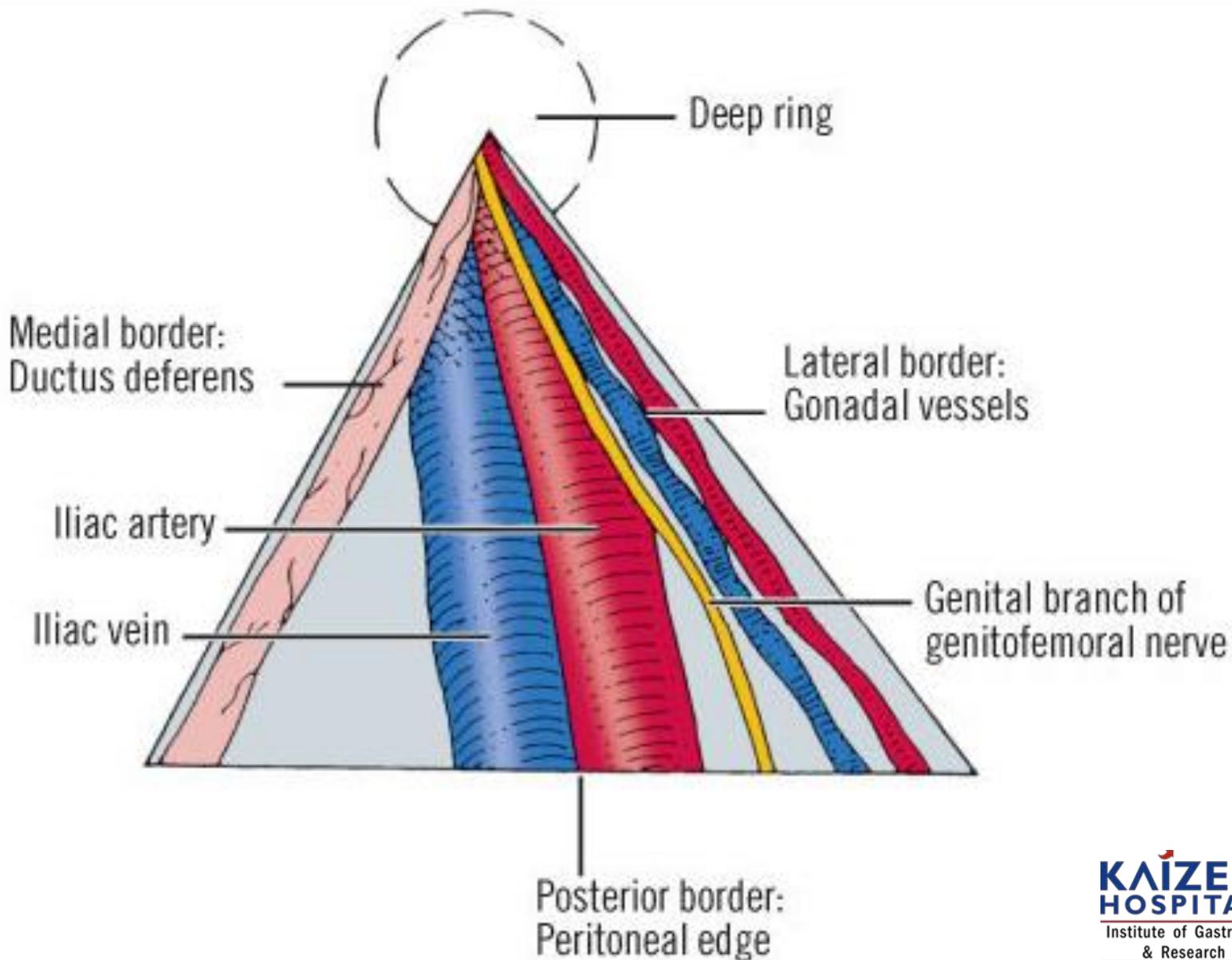
Inferior epigastric Vs.

Triangle  
of Doom

External Iliac Vs.

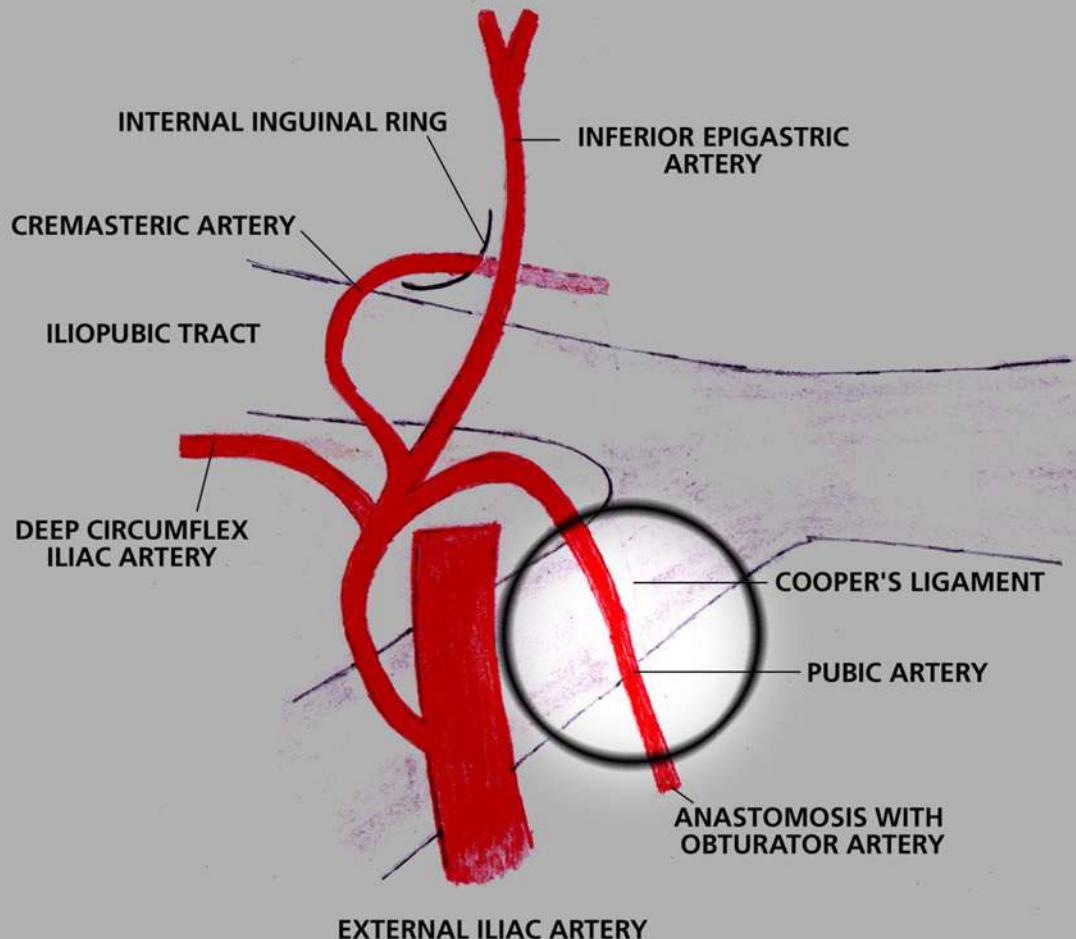
Testicular Vs.

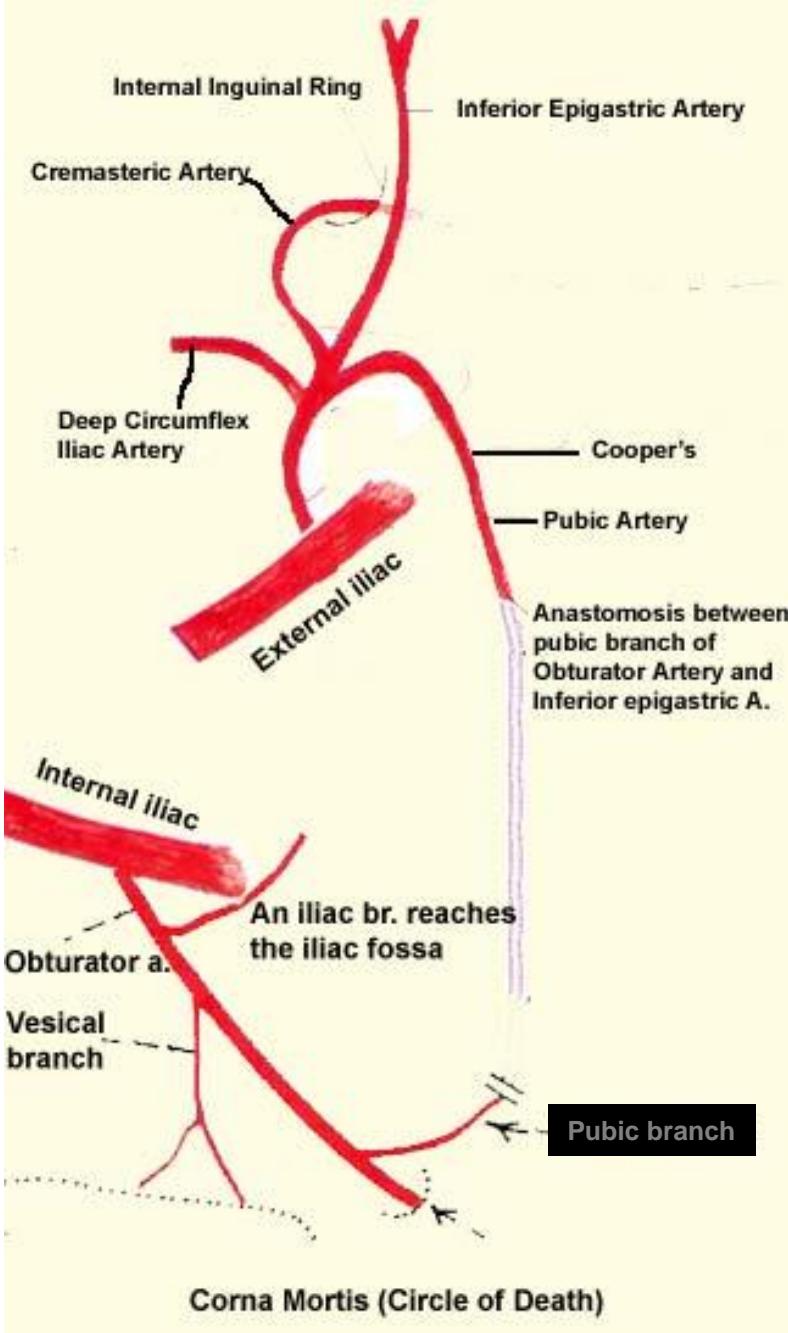
# Triangle of Doom



# Described by Hesselbach

## CORONA MORTIS





“Circle of Death” – Corona mortis

**Medial umbilical  
ligament**



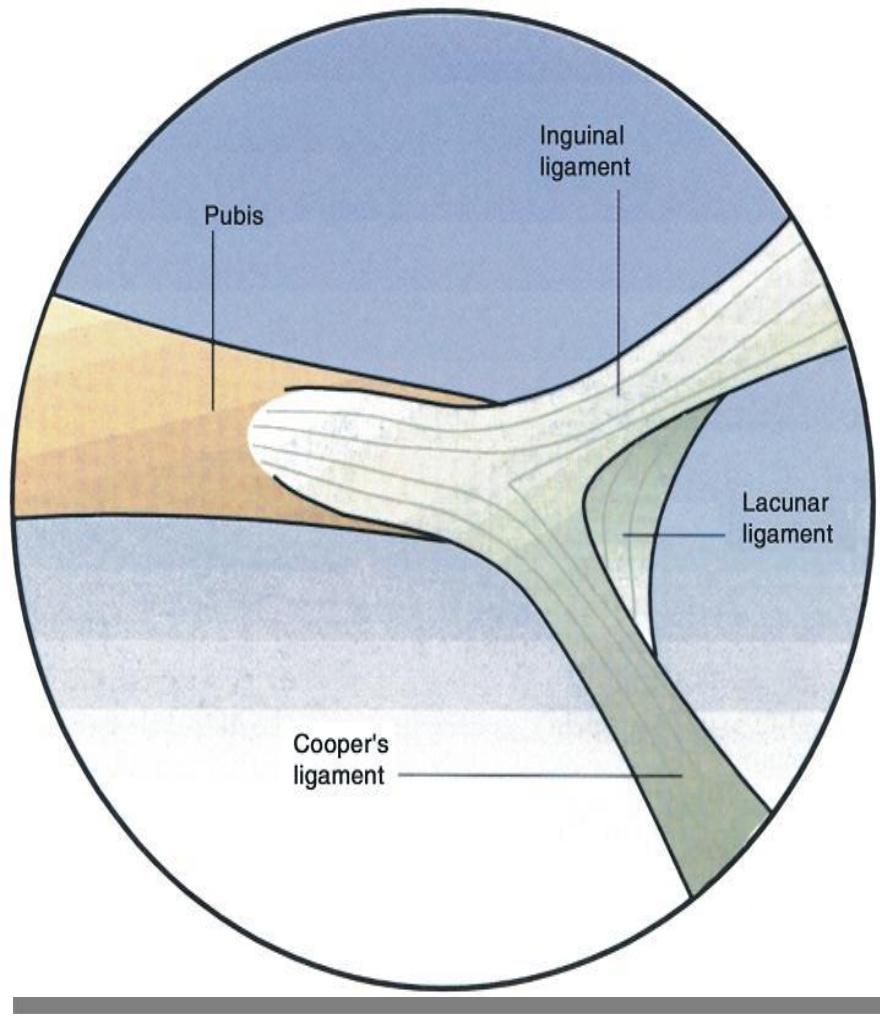
**Inferior epigastric Vs.  
forming lateral  
umbilical ligament**

# Ligaments

**Cooper's ligament**

**Ilio pubic tract**

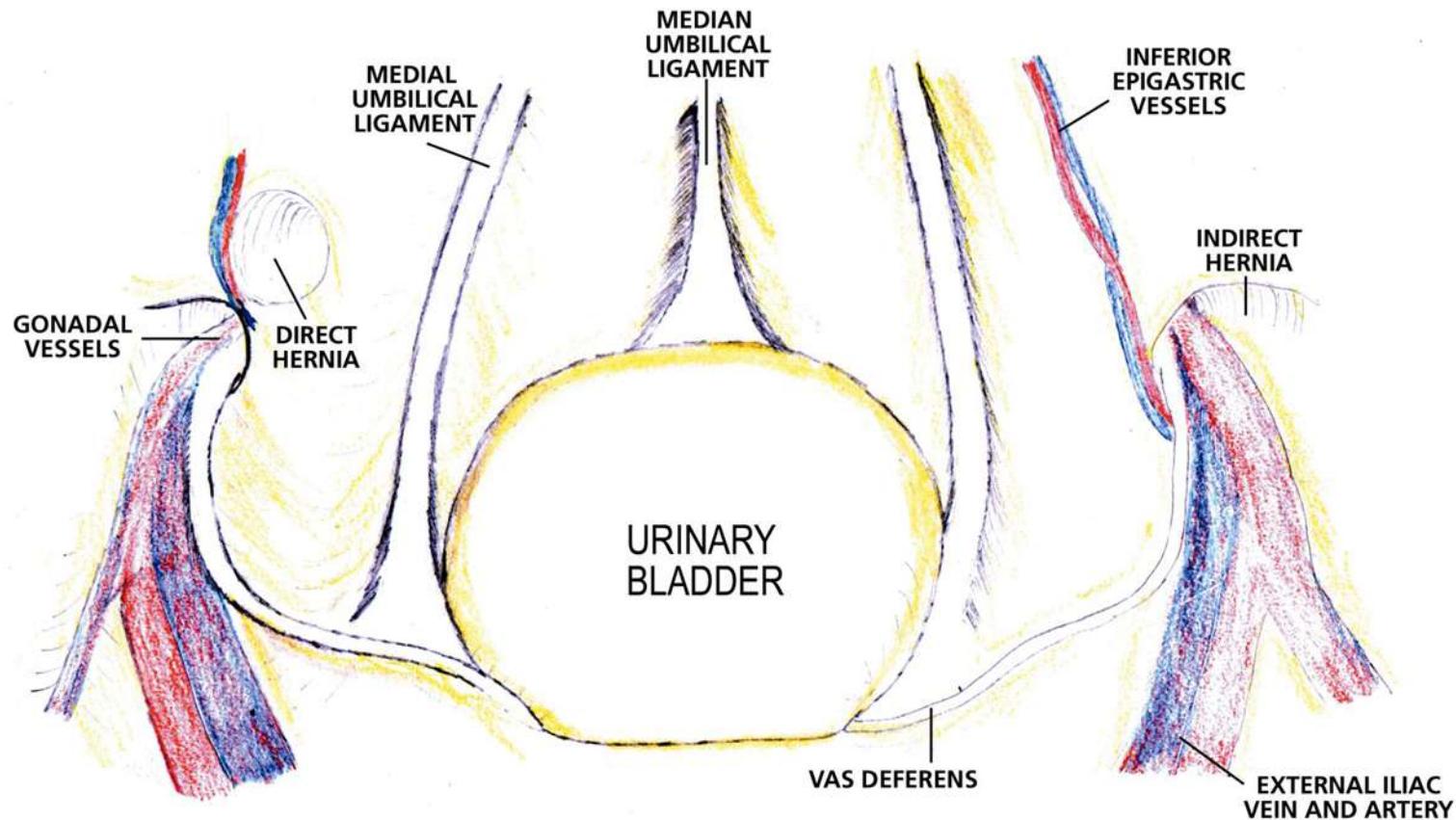
# Ligaments



MERCEDES SIGN (left side)

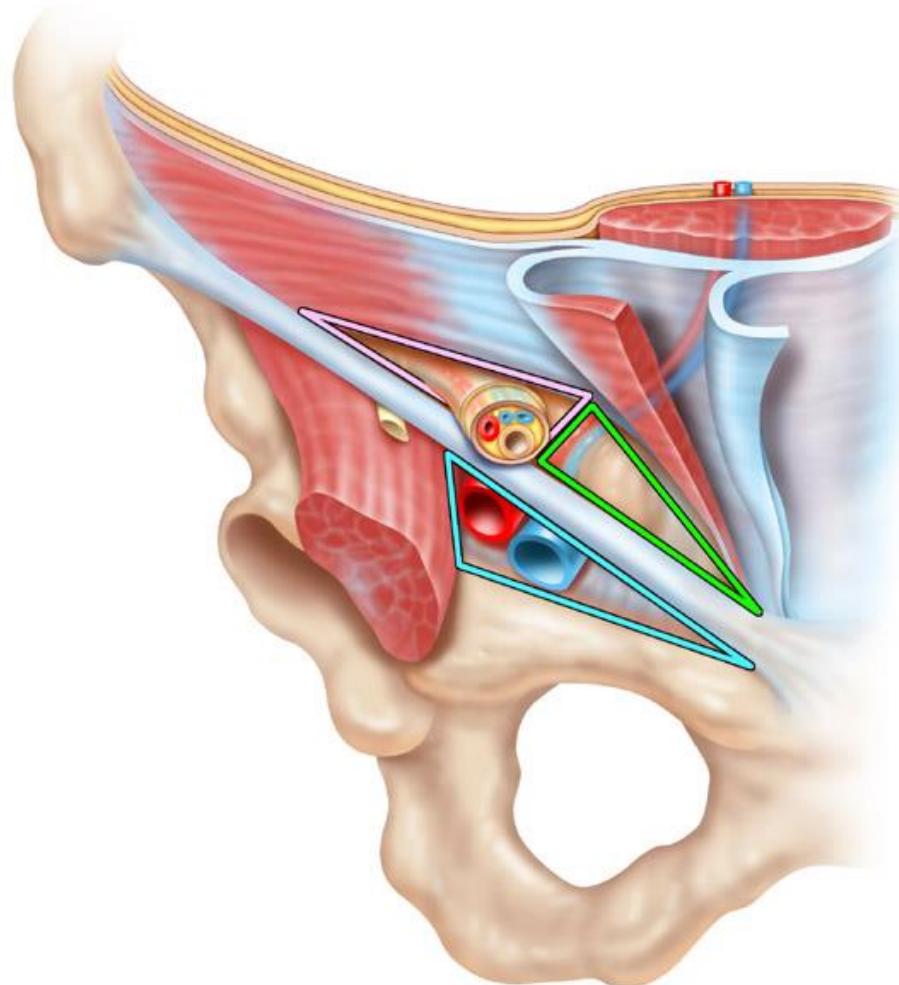
# Ligaments

## INFRAUMBILICAL REGION



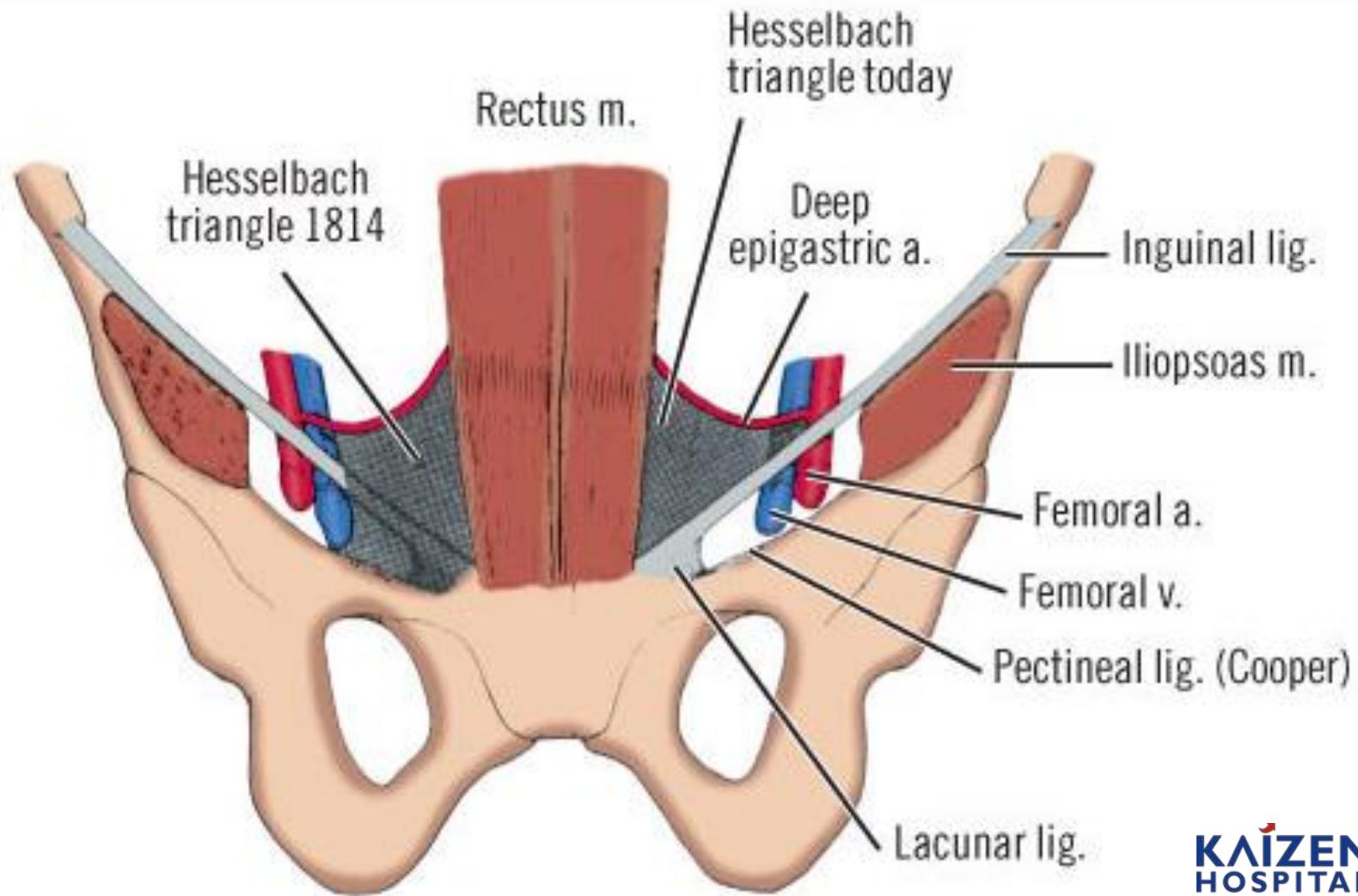
# **Angles, Triangles & Trapezoids**

# Myopectineal Orifice

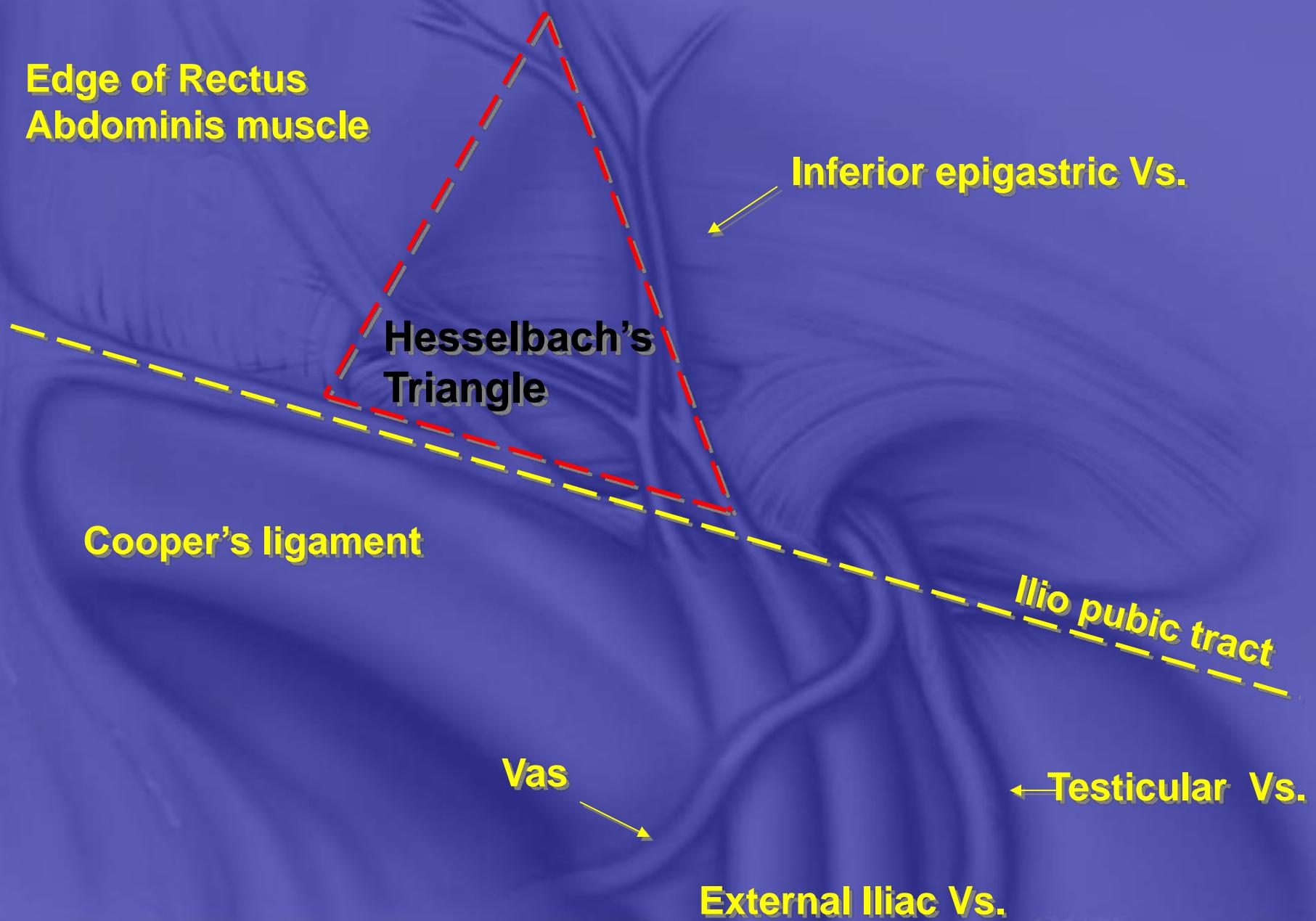


Right side

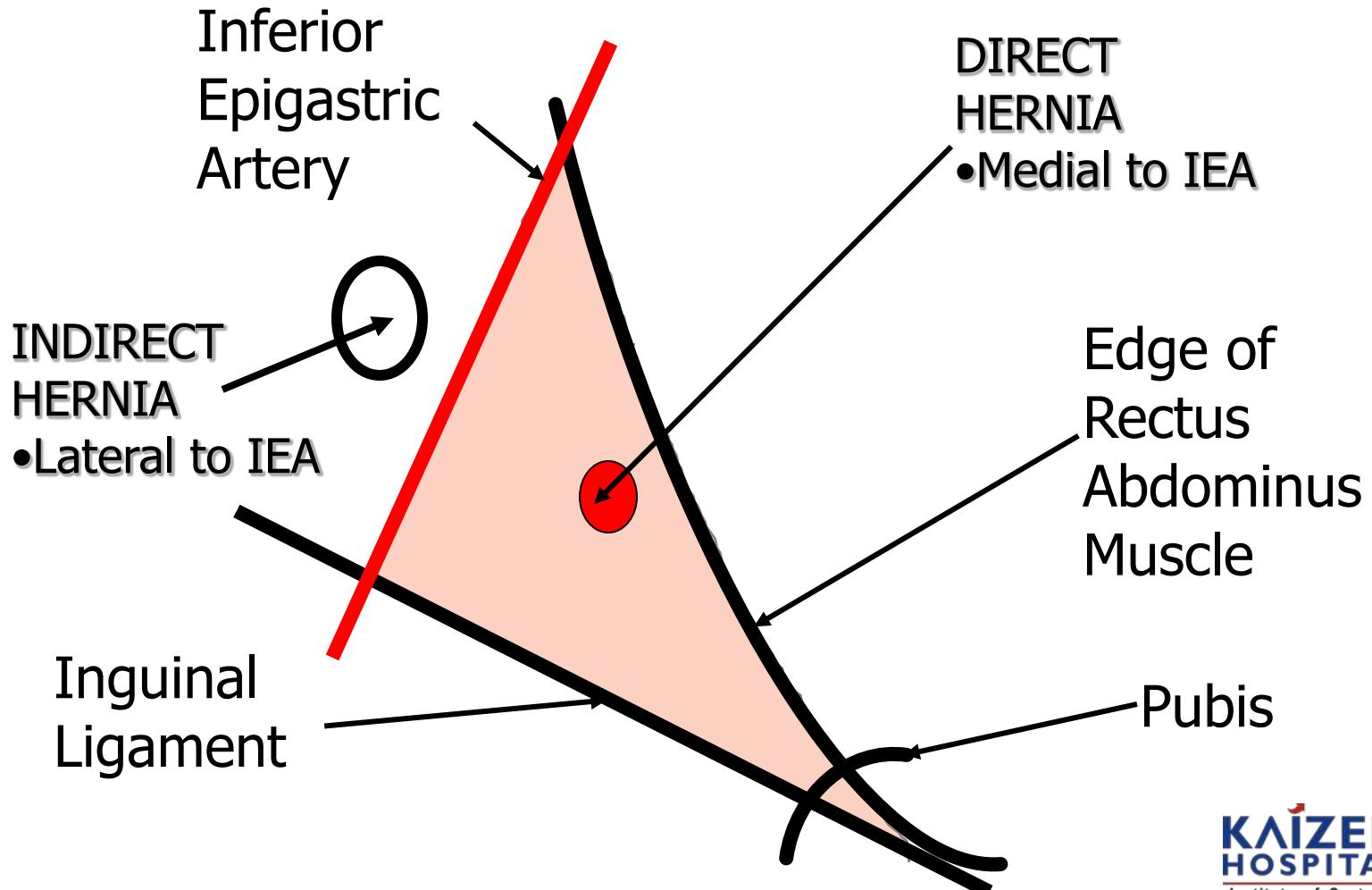
# Hesselbach's Triangle



# Right Inguinal region

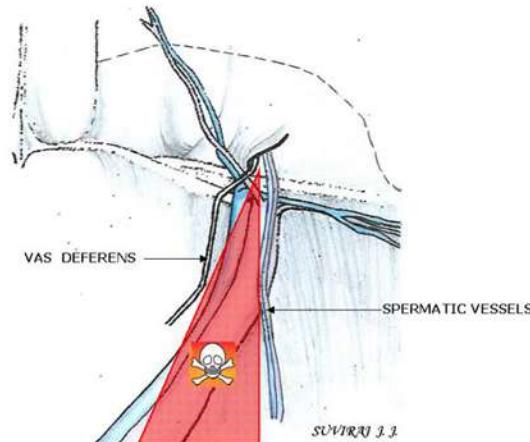


# Hesselbach's Triangle

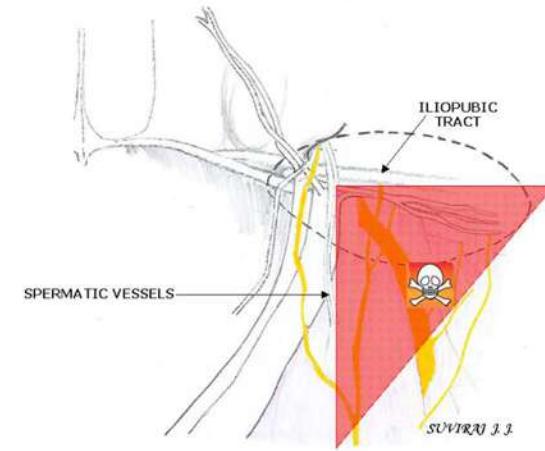


# "Triangles"

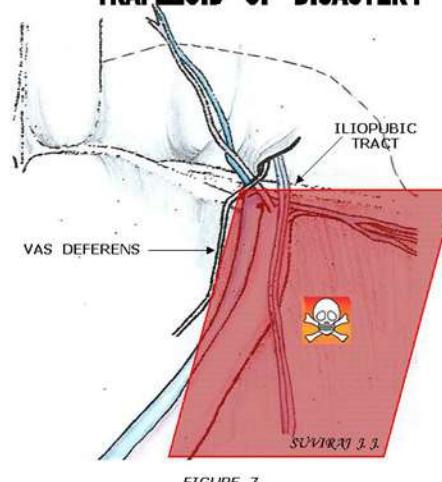
**TRIANGLE OF DOOM**



**TRIANGLE OF PAIN**



**TRAPEZOID OF DISASTER!**



# Right Inguinal region

Rectus muscle

Inferior epigastric Vs.

Pubic branches

Cooper's ligament

Ilio pubic tract

Vas

Triangle  
of doom

Testicular Vs.

External Iliac Vs.

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# Right Inguinal Region

Rectus muscle

Pubic branches

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Inferior epigastric Vs.

Vas

External Iliac Vs.

Trapezoid  
of disaster

Testicular Vs.

Ilio pubic tract



- Thank you